



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Tennis Basic Education Activities II							
Course Code		BK109		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	2	Workload	52 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		The aim of the course is to give detailed information about advanced tennis techniques.							
Course Content		It includes types of tennis racket grip and basic stance techniques, forehand, backhand, smash, service, lob, vole, slice and drob shot techniques.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Case Study, Individual Study					
Name of Lecturer(s)									

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

### Recommended or Required Reading

1	Jones, C. 1984. Tenis (Çeviri İnci Asena). Adam Yayıncılık.
2	Koçak, A. 1990. Tenis. Cihan Matbaacılık, Ankara.
3	Urartu, Ü. 1996. Tenis Teknik Taktik Kondisyon. İnkılap Yayıncılık, Ankara.
4	Kermen, O. 1998. Tenis Teknik ve Taktikleri. Bağırhan Yayınevi, Ankara.

Week	Weekly Detailed Course Contents	
1	Theoretical	Historical development of tennis and tennis equipments
2	Theoretical	Tennis game rules (single and double competitions)
3	Theoretical	Types of tennis racket grip and basic stance techniques
4	Theoretical	Forehand stroke technique
5	Theoretical	Backhand stroke technique
6	Theoretical	Drill practices in fore- and backhand
7	Theoretical	Overhead smash stroke technique
8	Theoretical	Service stroke technique
9	Theoretical	Midterm exam
10	Theoretical	Lob technique
11	Theoretical	Volley technique
12	Theoretical	Slice technique
13	Theoretical	Drob shot technique
14	Theoretical	Working drills with all stroke techniques
15	Theoretical	Against-wall practice

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	2	28
Midterm Examination	1	10	1	11
Final Examination	1	12	1	13
Total Workload (Hours)				52
[Total Workload (Hours) / 25*] = ECTS				2

\*25 hour workload is accepted as 1 ECTS

### Learning Outcomes

1	To get knowledge about types of tennis racket grip and basic stance techniques
2	To recognize tennis materials



3	To learn game rules
4	To get knowledge about tennis courts
5	To get knowledge about forehand, backhand, smash, service, lob, vole, slice and drop shot techniques.

#### Programme Outcomes (Dairy Technology)

1	Having sufficient infrastructure in basic sciences and engineering subjects and ability to use the theoretical and applied info instantly in this field.
2	Determining the modern techniques, tools and information technologies required for applications related with his field and ability to use them efficiently
3	Ability for planning, projecting, and designing, following up, analyzing and finding target-driven solutions related with his field
4	Ability to have professional ethic and awareness.
5	Ability to work, decide, express opinions orally and in written individually
6	Ability to participate team studies, taking responsibility, making leadership.
7	Ability to conceive Atatürk's principles and reforms, to communicate in Turkish and foreign language.
8	Ability to comprehend the necessity to learn for a life time, to monitor developments in science and technology and continuously renew himself.
9	Having sufficient level of information about production and quality control of milk and dairy products and also product development, increasing product quality and food security fields.
10	Ability to detect, define, solve problems related with his field and to select and apply suitable methods and modeling techniques for this purpose.
11	To be conscious about workplace applications, worker health, work security and environment subjects, to have knowledge about legal results of the engineering applications related with his subject.

#### Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P8	4	4	4	4	4

