



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Introduction to Recreation							
Course Code		REKB101		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	3	Workload	72 (Hours)	Theory	3	Practice	0	Laboratory	0
Objectives of the Course		To give basic concepts of leisure, leisure and recreation and to relate recreation with other fields (sports, health, therapeutic, park and open spaces, workplace, tourism, environment, economy, game, etc.).							
Course Content		The aim of this course is to introduce students to recreation concepts and activities.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Individual Study					
Name of Lecturer(s)		Lec. Doğukan Batur Alp GÜLŞEN							

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Karaküçük, S.; Recreation "recreational", 5 Printing, Gazi Publications, Ankara, 2005.
2	Lafarge, P.; laziness Rights, 5 Print, (trans. V. Günyol), Telos Publications, İstanbul, 1993.O 'Sullivan, EL;
3	Marketing for Parks, Recreation and Leisure, Venture Publishing INC, State College, PA 1991.Tezcan, M.;
4	Sociological leisure time, AU Publication, Ankara, 198 Prof.Dr.Şükran Kılbaş Köktaş (2004)

Week	Weekly Detailed Course Contents	
1	Theoretical	What is recreation? Recreation Activity Areas and features
2	Theoretical	What is recreation? Recreation Activity Areas and features
3	Theoretical	The relation between studying and free time
4	Theoretical	Classification of recreation
5	Theoretical	Recreation functions
6	Theoretical	Theories of Recreation
7	Theoretical	The factors that encourage participation in free time activities.
8	Intermediate Exam	mid-exrem
9	Theoretical	Free time for individual and group ratings
10	Theoretical	Recreation and sport
11	Theoretical	Recreation and tourism
12	Theoretical	Recreation Program Planning and planning principles
13	Theoretical	Recreation and Leadership
14	Theoretical	the relations between the various areas of recreation
15	Final Exam	Final exrem

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	3	1	56
Assignment	1	6	2	8
Midterm Examination	1	3	1	4
Final Examination	1	3	1	4
Total Workload (Hours)				72
[Total Workload (Hours) / 25*] = ECTS				3
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	To define the Recreation concept and activities.
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2	The development of recreation in the World and in Turkey
3	to be able to analyse the organization of recreational activities
4	Understands the importance of recreation today.
5	Recognize recreation areas, application and job opportunities in these areas.

Programme Outcomes (Recreation)

1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fulfill responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fulfill scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with their professional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3
P1	5	5	5
P2	5	4	5
P3	4	3	5
P4	4	3	5
P5	5	3	4
P6	5	3	5
P7	3	3	4
P8	4	4	5
P9	5	3	4
P10	2	4	5

