



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Introduction to Physical Education and Sport							
Course Code		REKB103		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	3	Workload	78 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		To teach the basic concepts of physical education and sports to the student, to provide information about the interests of sports sciences, to inform about the basic problems of physical education and sports							
Course Content		Basic concepts in physical education and sports, physical education and sports in education and training, its place, function, philosophy, relationship with other sciences, future of vocational education and training in physical education and sports, its place and function in Turkish Education and Sport institutions							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion					
Name of Lecturer(s)		Lec. Doğukan Batur Alp GÜLŞEN							

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Mirzaođlu, N (Edi.) (2003). Introduction to Sport Sciences. Ankara: Sports Publisher
2	nal A.N., Sports Sciences (2000). S. Ü. Konya Foundation Publications
3	Castle R., Erşen, E. , 2003. Introduction to Physical Education and Sport in Izmir: Nobel.

Week	Weekly Detailed Course Contents	
1	Theoretical	Historical development of sport science
2	Theoretical	The content of physical education: concepts about physical education, sports, movement education
3	Theoretical	The content of physical education: cconcepts about physical education, sports, movement education
4	Theoretical	Objective and goal of physical education
5	Theoretical	Relationship between philosophy and physical education
6	Theoretical	Relationship between philosophy and physical education
7	Theoretical	Models of physical education and sport science
8	Intermediate Exam	Midterm Exam
9	Theoretical	Problems of physical education at schools
10	Theoretical	Pedagogical Foundations of Sports Practice
11	Theoretical	Objectives for the School Sport and its problems
12	Theoretical	psychology foundations of sports
13	Theoretical	Management in Sport Science
14	Theoretical	Recreation
15	Final Exam	Final Exam



Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	3	2	70
Midterm Examination	1	3	1	4
Final Examination	1	3	1	4
Total Workload (Hours)				78
[Total Workload (Hours) / 25*] = ECTS				3

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	to be able to describe patterns of physical education and sports science
2	to be able to describe the development of sports in Turkey and around the World.
3	to be able to explain the emergence of the concept of sports.
4	know the problems of school physical education lesson
5	know management in sports sciences

Programme Outcomes (Recreation)

1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fulfil responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fulfil scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with their professional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3
P1	5	5	5
P2	5	4	3
P3	4	3	4
P4	3	4	5
P5	4	5	4
P6	3	5	4
P7	5	5	4
P8	5	5	3
P9	5	4	3
P10	2	2	4

