

### AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

| Course Title                                     |   | Rhythm Educa  | ation and Dan       | се           |                |                                 |                      |            |   |
|--|---|---|---------------------|--------------|----------------|---------------------------------|----------------------|------------|---|
| Course Code                                      |   | REKB106   |                     | Couse Level  |                | First Cycle (Bachelor's Degree) |                      |            |   |
| ECTS Credit                                      | 3 | Workload  | 69 (Hours)          | Theory       | 2              | Practice                        | 1                    | Laboratory | 0 |
| Objectives of the Course                         |   | To associate rhythm and dance with music, to combine movement concepts and skills with dance, to examine different types of dance and to create a unique dance composition. |                     |              |                |                                 |                      |            |   |
| Course Content                                   |   | Prepare composition with music using various body forms. Learn salsa, tango, waltz, polka step  |                     |              |                |                                 |                      |            |   |
| Work Placement                                   |   | N/A   |                     |              |                |                                 |                      |            |   |
| Planned Learning Activities and Teaching Methods |   | Methods   | Explanation Solving | on (Presenta | tion), Demonst | ration, Indiv                   | vidual Study, Proble | em         |   |
| Name of Lecturer(s)                              |   | Ins. Elçin SAV  | 'AŞ                 |              |                |                                 |                      |            |   |

#### Assessment Methods and Criteria

| Method              | Quantity | Percentage (%) |  |  |
|---------------------|----------|----------------|--|--|
| Midterm Examination | 1        | 40             |  |  |
| Final Examination   | 1        | 70             |  |  |
|                     |          |                |  |  |

# **Recommended or Required Reading**

| 1 | Altay F., Y. Bulca Ankara Education and Dance Rhythm 2006 |  |
|---|---|--|
| 2 | Aktas, G. (1999) Basic Dance Education.İzmir              |  |

# Week Weekly Detailed Course Contents

|    | -                 |   |
|----|-------------------|---|
| 1  | Theoretical       | To learn discription and history of dance   |
| 2  | Theoretical       | To learn methods about rhytm and action education   |
| 3  | Theoretical       | To exercise streching and relaxion standing posture form  |
| 4  | Theoretical       | Walking activities (fast, slow and changing direction)  |
| 5  | Theoretical       | History of the waltz dance and theoretical information about rhytm of waltz dance                     |
| 6  | Theoretical       | History of the bachata dance and theoretical information about rhytm of bachata dance                 |
| 7  | Theoretical       | To combination with music of all dances (waltz and bachata)   |
| 8  | Intermediate Exam | Midterm exam  |
| 9  | Theoretical       | History of the argentina tango dance and theoretical information about rhytm of argantina tango dance |
| 10 | Theoretical       | rior knowledge regarding to peer studies  |
| 11 | Theoretical       | To combination with music of tango dance (choose music)   |
| 12 | Theoretical       | To learn cha cha dance and basic steps of cha cha   |
| 13 | Theoretical       | To learn salsa dance and basic steps of salsa   |
| 14 | Theoretical       | To learn merengue dance and basic steps of merengue   |
| 15 | Theoretical       | To combination with music of all dances /cha cha, salsa and merengue)                                 |
| 16 | Final Exam        | Final examination   |

#### **Workload Calculation**

| Activity                                       | Quantity | Preparation | Duration | Total Workload |  |
|--|----------|-------------|----------|----------------|--|
| Lecture - Theory                               | 14       | 1           | 1        | 28             |  |
| Lecture - Practice                             | 14       | 1           | 1        | 28             |  |
| Assignment                                     | 1        | 1           | 2        | 3              |  |
| Midterm Examination                            | 1        | 3           | 1        | 4              |  |
| Final Examination                              | 1 5      |             | 1        | 6              |  |
| Total Workload (Hours)                         |          |             |          |                |  |
| [Total Workload (Hours) / 25*] = <b>ECTS</b> 3 |          |             |          |                |  |
| *25 hour workload is accorded on 1 ECTS        |          |             |          |                |  |

\*25 hour workload is accepted as 1 ECTS



| Learr | ing Outcomes   |  |
|-------|--|--|
| 1     | to be able to learn the description and history of dance |  |
| 2     | to be able to take rhytm and action education            |  |
| 3     | to be able to understand the pair works                  |  |
| 4     | To be able to do individual dance work.                  |  |
| 5     | prepare dance choreography                               |  |
|       |  |  |

# Programme Outcomes (Recreation)

| 1  | Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace |
|----|--|
| 2  | By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.  |
| 3  | By using the knowledge about Recreation, students fullfil responsibilities in league with other occupational groups  |
| 4  | Students carry out the recommendation and coordination functions, and plan activities related to Recreation  |
| 5  | Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.  |
| 6  | Students analyse by using the known techniques related to Recreation   |
| 7  | Students fullfil scientific information responsibility related to Recreation and research  |
| 8  | Students develop positive behaviour and attitude towards healthy life-long sport   |
| 9  | Students set an example as a model to society and colleagues with theirprofessional identity related to Recreation field   |
| 10 | Students must communicate written or verbal in some foreign languages  |

## Contribution of Learning Outcomes to Programme Outcomes 1: Very Low, 2: Low, 3: Medium, 4: High, 5: Very High

|    | L1 | L2 | L3 |
|----|----|----|----|
| P1 | 4  | 5  | 5  |
| P2 | 5  | 5  | 5  |
| P3 | 5  | 5  | 3  |
| P4 | 5  | 5  | 5  |
| P5 | 4  | 5  | 4  |
| P6 | 5  | 5  | 5  |
| P7 | 3  | 5  | 4  |
| P8 | 5  | 5  | 5  |

Course Information Form