



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Human Anatomy and Kinesiology							
Course Code		REKB108		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	4	Workload	98 (<i>Hours</i>)	Theory	3	Practice	0	Laboratory	0
Objectives of the Course		To introduce medical terms as a universal language, to teach the human body's normal shape and structure, the system-organs that make up the human body and their structures, locations, functions, relations with each other and to reinforce them with clinical examples, to comprehend the normal structure of the human body and to comprehend the normal structure of human body. to provide easy distinction and to plan the nursing interventions to the individual consciously and professionally to minimize the complications.							
Course Content		Introduction to Anatomy, Terminology, Osteology, Arrology, Myology, Circulatory system Anatomy, Digestive system Anatomy, Respiratory system Anatomy, Urinary system Anatomy, Genital system Anatomy, Central nervous system Anatomy, Peripheral nervous system Anatomy, Autonomic nervous system Anatomy, Endocrine System Anatomy, Sense organs.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Case Study, Individual Study, Problem Solving					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	Haydar Demirel, Nazan Kosar (2006). Human Anatomy and Kinesiology. Nobel, 2 Print ...
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Week	Weekly Detailed Course Contents	
1	Theoretical	Basics of anatomy and organization of human structure.
2	Theoretical	Cell and tissues.
3	Theoretical	Skin and supportive systems.
4	Theoretical	Endocrine Systems.
5	Theoretical	Respiratory System and Circulatory System
6	Theoretical	Digestive and excretory systems
7	Theoretical	Neuro-muscular system
8	Intermediate Exam	Midterm Examination
9	Theoretical	Motion system
10	Theoretical	Motion system
11	Theoretical	Bone and muscles of the upper body and arm
12	Theoretical	Bone and muscles of the lower trunk and arm
13	Theoretical	Spine and trunk muscles, bones
14	Theoretical	Overview of the muscles of the whole body
15	Theoretical	Overview of the muscles of the whole body



16	Final Exam	Final Examination.
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Workload Calculation				
Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	2	2	56
Lecture - Practice	14	1	2	42
Total Workload (Hours)				98
[Total Workload (Hours) / 25*] = ECTS				4
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes	
1	to be able to define and show the anatomical terms
2	to be able to define the bones of upper body and arms
3	to be able to define the muscles of upper body and arms
4	to be able to define the bones of lower body and legs
5	to be able to define the muscles of lower body and legs

Programme Outcomes (Recreation)	
1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fulfil responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fulfil scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with their professional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High					
	L1	L2	L3	L4	L5
P1	5	2	2	2	2
P2	2	2	2	2	2
P3	4	4	4	4	4
P4	1	1	1		1
P5	1	1	1		1
P6	4	4	4	4	4
P7	3	3	3	3	3
P8	2	2	2	1	2
P9	1	1	1		
P10	2	2	2		

