



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Soccer							
Course Code		REKB109		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	4	Workload	99 (Hours)	Theory	2	Practice	1	Laboratory	0
Objectives of the Course		The development of football sport in the world and Turkey, and discuss the materials and field information by applying the basic skills							
Course Content		Football techniques, tactics, football game rules, kicking techniques in football							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Individual Study, Problem Solving					
Name of Lecturer(s)		Ins. Necmettin PARLAK							

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

### Recommended or Required Reading

1	Topkaya, M & Thompson, EC (1998) An Overview of General Medicine and Football Training Öğretimi.İzmir: Üniversiteler Offset ...
2	Acar, M.F. (2000) Children and Young People in football Antrenmanları.İzmir: Meta Edition ...
3	Özkara, A. (2002) Tests in football. Ankara: İksan Printing

Week	Weekly Detailed Course Contents	
1	Theoretical	Description of football
2	Theoretical	Football game rules and play area size information
3	Theoretical	Soccer-specific warm-up and stretching
4	Theoretical	football technical
5	Theoretical	Soccer ball susceptibility studies
6	Theoretical	Work without the ball (running, jumping, change of direction)
7	Theoretical	Top off with the foot and leg kicks
8	Intermediate Exam	Midterm Exam
9	Theoretical	Inside of the foot, with the top of the ball control
10	Theoretical	Foot off, controls the ball with base
11	Theoretical	Knees, chest and head controls the ball with
12	Theoretical	Football training principles and methods
13	Theoretical	Football training principles and methods
14	Theoretical	Football match
15	Final Exam	Final Exam

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	15	2	1	45
Lecture - Practice	15	2	1	45
Midterm Examination	1	3	2	5
Final Examination	1	2	2	4
Total Workload (Hours)				99
[Total Workload (Hours) / 25*] = ECTS				4

\*25 hour workload is accepted as 1 ECTS



**Learning Outcomes**

1	to be able to explain the basic features of the sport football ...
2	to be able to examine the development of football in Turkey.
3	to be able to explain the information of football pitch and equipment.
4	to be able to apply the basic skills of football.
5	know how to organize the competition.

**Programme Outcomes (Recreation)**

1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fulfill responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fulfill scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with their professional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

**Contribution of Learning Outcomes to Programme Outcomes** 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	5	5	5	5	5
P2	5	5	5	5	5
P3	5	4	4	4	4
P4	4	5	5	5	5
P5	5	5	2	5	5
P6	3	4	4	4	4
P7	5	5	5	5	5
P8	5	5	5	5	5
P9	1	3	3	3	3
P10	2	2	2	2	2

