



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Health Education							
Course Code		REKB112		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	3	Workload	70 (Hours)	Theory	2	Practice	1	Laboratory	0
Objectives of the Course		The aim of the Health Information and First Aid course is to educate students as first aid providers in compliance with the Ministry of Health and European standards in emergency situations that require assistance.							
Course Content		Principles of first aid, emergency evaluation, communication skills, interaction with the injured, keeping the airway open, interventions to bleeding, intervention to fractures and soft tissue injuries, first aid in case of poisoning, intervention to head and spinal cord injuries.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion					
Name of Lecturer(s)		Lec. Alpay BÜLBÜL							

Prerequisites & Co-requisites

Equivalent Course	REKB306
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Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	European First Aid Guidelines, Stijn Van de Velde et al., Resuscitation, 72, 240-251, 2007.
2	European Resuscitation Council Guidelines for Resuscitation, Jerry P. Nolan et al., Resuscitation, 81, 1219-1276, 2010
3	First Aid, Macide Tüzün, Elif Flood, Funda Gulay Unal, Middle East Technical University, Ankara, 2008.

Week	Weekly Detailed Course Contents	
1	Theoretical	Principles of health and first aid
2	Theoretical	Evaluation of first aid
3	Theoretical	First aider and protection of injured
4	Theoretical	Evaluation of place and injured
5	Theoretical	Intervention to conscious.
6	Theoretical	Intervention to unconscious.
7	Intermediate Exam	Mid Term
8	Theoretical	Basic Life Support application principles
9	Theoretical	Basic Life Support applications
10	Theoretical	Interventions to airway passage problems
11	Theoretical	Interventions to bleeding
12	Theoretical	Interventions to burns
13	Theoretical	Interventions to broken and soft tissue injuries
14	Final Exam	final
15	Theoretical	Principles of first aid
16	Final Exam	Final examination

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	1	1	28



Assignment	14	1	2	42
Total Workload (Hours)				70
[Total Workload (Hours) / 25*] = ECTS				3
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	to be able to define the principles of health and first aid.
2	to be able to recognize the circumstances that require first aid.
3	to be able to recognize the basic concepts related to health.
4	Controls the consciousness of the injured
5	Interferes with airway obstruction

Programme Outcomes (Recreation)

1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fulfil responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fulfil scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with their professional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3
P1	5	5	3
P2	3	3	4
P3	5	5	5
P4	2	2	3
P5	3	3	2
P6	4	4	3
P7	5	5	4
P8	5	5	5

