



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Volleyball							
Course Code		REKB113		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	4	Workload	100 (<i>Hours</i>)	Theory	2	Practice	1	Laboratory	0
Objectives of the Course		To learn the history of volleyball and basic skills of volleyball. To learn the rules of volleyball game. To learn basic tactics of volleyball.							
Course Content		Volleyball history in the world and Turkey. Volleyball game rules. Basic techniques. Volleyball tactics.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Discussion, Individual Study, Problem Solving					
Name of Lecturer(s)		Ins. Vedat ŞENTÜRK							

Prerequisites & Co-requisites

Equivalent Course	REKB110
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Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Korkmaz, F.; "Voleybol", Ekin Kitabevi-2003.
2	Urartu, Ü. , "Volleyball Technical and Tactical-Conditioning", Revolution Books, 2 Print, Istanbul. Özdilek, Ç., Lawn, K., "volleyball Tactical", Nobel, Ankara-2003 .. Bengu M. Adam Volleyball, Adam Publishing, 1983 FIVB Volleyball Official Game Rules Manual, Sim Press, Ankara, 2001

Week	Weekly Detailed Course Contents	
1	Theoretical	Understanding developing drills of front overhead pass;
2	Theoretical	Understanding developing drills of back, jump and lateral overhead pass;
3	Theoretical	Understanding developing drills of front underhand pass;
4	Theoretical	Understanding developing drills of back and lateral underhand pass;
5	Theoretical	Understanding developing drills of underhand serve;
6	Theoretical	Understanding developing drills of diving;
7	Theoretical	Understanding developing drills of tennis serve;
8	Theoretical	Understanding developing drills of spike;
9	Theoretical	Midterm exam
10	Theoretical	Volleyball playing rules, team formation, setting offence and defense systems for children, youth and young players, and game movements during the match
11	Theoretical	Volleyball playing rules, team formation, setting offence and defense systems for children, youth and young players, and game movements during the match
12	Theoretical	Volleyball playing rules, team formation, setting offence and defense systems for children, youth and young players, and game movements during the match
13	Theoretical	Volleyball playing rules, team formation, setting offence and defense systems for children, youth and young players, and game movements during the match
14	Theoretical	Volleyball playing rules, team formation, setting offence and defense systems for children, youth and young players, and game movements during the match.
15	Theoretical	Volleyball playing rules, team formation, setting offence and defense systems for children, youth and young players, and game movements during the match
16	Theoretical	Final exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	1	2	42



Lecture - Practice	14	1	1	28
Assignment	10	0	2	20
Midterm Examination	1	3	1	4
Final Examination	1	5	1	6
Total Workload (Hours)				100
[Total Workload (Hours) / 25*] = ECTS				4
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	to be able to express the basic volleyball rules.
2	to be able to learn the basic rules of volleyball
3	to be able to learn the basic techniques of volleyball.
4	to be able to learn the basic tactics of volleyball.
5	to be able to learn the basic tactics for children of volleyball.

Programme Outcomes (Recreation)

1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fulfill responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fulfill scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with their professional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	5	5	4	4	4
P2	5	4	5	5	4
P3	5	5	5	4	5
P4	4	5	5	5	5
P5	4	4	5	5	5
P6	3	5	4	4	4
P7	5	4	4	5	4
P8	4	5	4	4	4
P9	3	4	4	4	4
P10	4	4	4	5	4

