



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Handball							
Course Code		REKB115		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	4	Workload	98 ( <i>Hours</i> )	Theory	2	Practice	1	Laboratory	0
Objectives of the Course		Teaching handball rules							
Course Content		Definition, history, basic posture, pass, goal shots, dribbling and tipping, deception, individual and team defense, team attack, game systems and rules.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Case Study					
Name of Lecturer(s)		Ins. Eda GÜNAY							

### Prerequisites & Co-requisites

Equivalent Course	REKB209
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### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

### Recommended or Required Reading

1	1- Sevim, Y.; " Antrenman Bilgisi", Nobel Yayın Dağıtım, Ankara2002.... 2- Sevim, Y.; Hentbol Teknik-Taktik, Nobel yayınevi, Ankara, 2002
2	2- Sevim, Y.; Hentbol Teknik-Taktik, Nobel yayınevi, Ankara, 2002

Week	Weekly Detailed Course Contents	
1	Theoretical	Definition and history
2	Practice	Topless technique, basic postures, running jumps, direction changes
3	Practice	Collective technique, ball throwing, passing, goal shooting, dribbling
4	Practice	Fake
5	Practice	individual defense
6	Practice	Grup savunma
7	Practice	Compound technical defenses
8	Practice	Midterm
9	Practice	Group and individual defense tactics
10	Practice	Offensive tactic
11	Practice	Defense tactic
12	Practice	Keeper
13	Practice	Games and matches
14	Practice	Final

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	2	2	56
Lecture - Practice	14	2	1	42
Total Workload (Hours)				98
[Total Workload (Hours) / 25*] = ECTS				4

\*25 hour workload is accepted as 1 ECTS



**Learning Outcomes**

1	learning the basic rules
2	handball game rules and basic shootings
3	goal shootings and individual defense
4	group defense techniques
5	ability to attack techniques

**Programme Outcomes (Recreation)**

1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fulfill responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fulfill scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with their professional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

**Contribution of Learning Outcomes to Programme Outcomes** 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	5	5	4	5	5
P2	5	5	5	5	5
P3	4	5	5	5	5
P4	5	5	4	5	5
P5	4	4	5	4	4
P6	5	4	5	4	4
P7	5	4	5	4	4
P8	5	4	5	4	4
P9	5	5	5	4	4
P10	4	4	4	4	4

