



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Mountaineering							
Course Code		REKB152		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	4	Workload	98 (Hours)	Theory	2	Practice	1	Laboratory	0
Objectives of the Course		Dağcılık çeşitleri ve sportif tırmanışın temel bilgilerinin verilmesi							
Course Content		The principles of hiking in the mountains and the rules to be considered by teaching practices. To teach the use of camping equipment and camping life in the mountains. Objective and subjective mountain accidents that may be encountered in the mountain by explaining the methods of preventing these accidents. Introducing the materials used in mountaineering. Teaching the principles of rock climbing. Winter mountaineering, materials and use of mountaineering applications.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Dağcılık-Anılar Belgeler" , Dr. Bozkurt Ergör, Hasat Yayınları, 2001 "Kampta Yemek Pişirmek", Cliff Jacobson, Bilge Kültür Sanat Yayınları, 2004
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Week	Weekly Detailed Course Contents	
1	Theoretical	Mountaineering and Mountaineer
2	Theoretical	Types of mountaineering
3	Theoretical	Subjective mountain accidents
4	Theoretical	Lens mountain accidents
5	Practice	Camp site selection
6	Practice	Camping tools
7	Practice	Mountaineering Equipment
8	Intermediate Exam	midterm
9	Practice	Technical materials used in mountaineering
10	Practice	Types and applications of tents
11	Practice	Mountaineer cuisine and nutrition
12	Practice	Ropes and Knots
13	Practice	Technical materials used in rock climbing and their use
14	Final Exam	finav

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	2	2	56
Lecture - Practice	14	2	1	42
Total Workload (Hours)				98
[Total Workload (Hours) / 25*] = ECTS				4

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	Learning of mountaineering, mountaineering and mountaineering types
2	To learn the causes of subjective mountain accidents and prevention practices
3	To learn the causes and objective applications of objective mountain accidents
4	Learning of camp site selection



5	Learning the use of technical materials used in mountaineering
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Programme Outcomes (*Recreation*)

1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fulfil responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fulfil scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with their professional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

