



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Archery							
Course Code		REKB154		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	4	Workload	98 (<i>Hours</i>)	Theory	2	Practice	1	Laboratory	0
Objectives of the Course		Archery competition rules, Turkish and World archery history, basic techniques of archery (posture, grip, bow traction, aiming, release and final transport)							
Course Content		to teach archery talent selection, general tactical knowledge of individual and team races and teaching methods of this knowledge.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	F.I.T.A. Okçuluk Kuralları Çeviren Doç. Dr. Hayri Ertan
2	Türkiye Okçuluk Federasyonu Antrenörlük kursu yayınlar
3	Türkiye Okçuluk Federasyonu - http://www.tof.gov.tr

Week	Weekly Detailed Course Contents	
1	Theoretical	Introduction of archery, archery history, modern archery today, archery competition rules, field and material knowledge
2	Theoretical	Safety precautions during work. Posture and grip exercises.
3	Practice	Traction and firing position
4	Practice	Aiming (aiming with bow)
5	Practice	Release and final handling
6	Practice	Shooting position (stopping positions on the firing line)
7	Practice	Tactics to be followed in individual competitions
8	Intermediate Exam	midterm
9	Practice	Shooting methods and tactics in team competitions
10	Practice	Basic material knowledge and spring settings
11	Practice	Stable spring settings, traction and shot movement, settings
12	Practice	Material selection and adjustment according to the physical characteristics of the athlete
13	Practice	Teaching arrow shooting at people of all ages
14	Final Exam	final

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	2	1	42
Lecture - Practice	14	2	2	56
Total Workload (Hours)				98
[Total Workload (Hours) / 25*] = ECTS				4

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	Understanding archery philosophy and game rules
2	Application and transfer of basic archery techniques
3	Review player and team characteristics



4	Application and transfer of individual-team trainings
5	Associating player attributes with competition tactics

Programme Outcomes (*Recreation*)

1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fulfil responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fulfil scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with their professional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

