



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Scene Walking							
Course Code		REKB155		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	4	Workload	106 ( <i>Hours</i> )	Theory	2	Practice	1	Laboratory	0
Objectives of the Course		Learning the concept and importance of nature, walking forms in nature, materials used, finding the direction in nature, such as enjoy the nature of walking and enjoy it and apply it to different groups understand.							
Course Content		Doğa, yürüyüş, nabız ölçmek, doğa yürüyüşünde kullanılan malzemeleri tanımak, basit kamp kurmak, farklı gruplara doğa yürüyüşünü sevdirmek ve uygulamak.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Individual Study, Problem Solving					
Name of Lecturer(s)									

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

### Recommended or Required Reading

1	Tek Başına Doğa Yürüyüşü, Adrienne Hall, Bilge Kültür Sanat, 2006.
2	Doğa Yürüyüşü ve Liderliği, Alpaslan Koç, Türkiye Dağcılık Federasyonu, 2018.

Week	Weekly Detailed Course Contents	
1	Theoretical	Concepts of Being in Nature, Hiking
2	Theoretical	Types of Hiking and Basic Rules of Hiking
3	Theoretical	Hiking Equipment, Ultraviolet (UV) Protection
4	Practice	Hiking in nature, short distance
5	Practice	Hiking in nature, middle distance
6	Practice	Hiking in nature, middle distance
7	Intermediate Exam	Midterm
8	Practice	Hiking in nature, long distance
9	Practice	Hiking in nature, long distance
10	Practice	Walking in woodland
11	Practice	Walking in Hot Weather
12	Practice	Finding directions in nature, Animals we may encounter in nature
13	Practice	Hiking Leadership / Guidance
14	Final Exam	Final Exam (Final)

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	4	2	4	24
Lecture - Practice	7	2	9	77
Term Project	1	2	1	3
Final Examination	1	1	1	2
Total Workload (Hours)				106
[Total Workload (Hours) / 25*] = ECTS				4

\*25 hour workload is accepted as 1 ECTS

### Learning Outcomes

1	Knows and understands the concepts of being in nature and hiking
2	Knows the basic rules of hiking and types of hiking



3	Knows walking materials and finding direction in nature
4	Hiking in different distances
5	Apply Nature Hiking Leadership / Guidance

#### Programme Outcomes (*Recreation*)

1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fulfil responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fulfil scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with their professional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

