



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Psychomotor Development							
Course Code		REKB202		Couse Level		First Cycle (Bachelor's Degree)			
ECTS Credit	3	Workload	78 (Hours)	Theory	3	Practice	0	Laboratory	0
Objectives of the Course		The basic principles of development, theories and concepts, basic factors affecting motor development, the relationship between physical fitness and psychomotor development, perceptual motor and self concepts, aims to comprehend movement education models according to age groups							
Course Content		Age-related behavioral changes in behavior							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion					
Name of Lecturer(s)		Lec. Dođukan Batur Alp GÜLŞEN							

Prerequisites & Co-requisites

ECTS Requisite	45
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Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	1998 Özer,K.& Özer, D.; Çocuklarda Psikomotor Gelişim, Nobel
2	Çocuk ve Spor. Muratlı S.
3	Mengütay S. Okul Öncesi ve İlkokullarda hareket eğitimi ve spor

Week	Weekly Detailed Course Contents	
1	Theoretical	Basic concepts of development
2	Theoretical	Child development models
3	Theoretical	Freud's psychalanatic and psychosexual theories- Erikson's psychosocial theory
4	Theoretical	Piaget's theory of cognitive development
5	Theoretical	Arnold havinghurst s theories
6	Theoretical	Principles of motor development and factors affecting motor development
7	Theoretical	Important factors related to growth and development according to age
8	Theoretical	Midterm
9	Theoretical	Motor development periods -Reflexive movements period
10	Theoretical	Primitive movements, Motor development tests and development in infancy
11	Theoretical	Period of basic movements
12	Theoretical	Sports-related movements period
13	Theoretical	Physical fitness in children and perceptual motor abilities of children
14	Theoretical	Psychomotor learning
15	Theoretical	Final

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	1	1	28



Individual Work	5	5	5	50
Total Workload (Hours)				78
[Total Workload (Hours) / 25*] = ECTS				3
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	To be able to comprehend general development principles;
2	To be able to learn and distinguish child development models;
3	Recognition of development theorists and to comprehend their theories,
4	To be able to recognize the principles of motor development and the factors affecting them;
5	To be able to comprehend the periods of movement and behaviors appropriate to these periods;

Programme Outcomes (Recreation)

1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fulfil responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fulfil scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with their professional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

