



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Learning Skill in Sport							
Course Code		REKB215		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	3	Workload	78 (Hours)	Theory	3	Practice	0	Laboratory	0
Objectives of the Course		The student will be able to classify motor skills in particular, to distinguish the components of motor skills, to know the major theories of how to acquire motor skills, to have knowledge about anticipation, attention, memory and individual differences which are important in learning motor skills, to learn motor differences that are important in practice. know the relevant structures (feedback, whole-piece teaching, collective-intermittent teaching).							
Course Content		Definition of skill and learning, process and models, skill learning, stages, skill types, individual and socio-cultural and skills measurement that affect skill learning.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration					
Name of Lecturer(s)									

Prerequisites & Co-requisites

Equivalent Course	REKB317
-------------------	---------

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	1. MAGILL, R.A. Motor Learning :concepts and application,6th.Edi. New York:NY. McGraw Hill. (2001)
---	--

Week	Weekly Detailed Course Contents	
1	Theoretical	Skill, motor skills, talent concepts and one-dimensional classification of motor skills
2	Theoretical	2x2 skill classification and reaction time
3	Theoretical	Learning motor skills
4	Theoretical	Motor development stages of Fitts - Posner and Gentile
5	Theoretical	Motor learning theories of R. Schmidt and J. Adams
6	Theoretical	Open and closed loop motor control theories
7	Theoretical	the anticipation
8	Theoretical	midterm
9	Theoretical	Attention
10	Theoretical	Memory
11	Theoretical	Transfer of learning in teaching of motor skills
12	Theoretical	Feedback in learning in teaching motor skills
13	Theoretical	Whole-piece teaching in teaching of motor skills.
14	Theoretical	The role of environmental disturbance in the teaching of motor skills
15	Theoretical	final

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	1	1	28



Individual Work	5	5	5	50
Total Workload (Hours)				78
[Total Workload (Hours) / 25*] = ECTS				3
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	Know the concepts related to motor skills, motor skills, classify motor skills
2	Explain that motor skills are learned in stages
3	Know the basic theories about how motor skills are learned
4	Knows the importance of antisypation, attention and memory in learning motor skills
5	Know how to give feedback while learning motor skills

Programme Outcomes (Recreation)

1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fullfil responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fullfil scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with theirprofessional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

