



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Physical Activity at Disabled People							
Course Code		REKB217		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	4	Workload	104 (<i>Hours</i>)	Theory	3	Practice	0	Laboratory	0
Objectives of the Course		The definition of disability and recognition of different disability groups to explain the appropriate physical activities and implementation of these groups.							
Course Content		Disability definition, the situation of disabled people in the world and Turkey, disability groups, physical activity and importance of the reintegration of disabled people, types of physical activity that can be applied to different disability groups, planning of appropriate physical activity to disability groups.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Case Study					
Name of Lecturer(s)		Prof. Kürşat KARACABEY							

Prerequisites & Co-requisites

Equivalent Course	REKB303
ECTS Requisite	45

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	1. Özürlü Olmamak İçin Nelere Dikkat Edilmeli, Ali Seyyar, Türdal Yayınevi, İstanbul, 2001
2	2. Zihinsel Engelli Çocuk Ve Gençlerin Eğitimi, Unesco, Çeviri Şaban Dede, Karatepe Yayınları, Ankara, 1998
3	3. Beden Eğitimi Öğretimi, Muska Mosston-Sara Ashworth, Çeviri Eda Tüzemen, Çeviri Düzenleme Gıyasettin Demirhan, Spor Yayınevi Ve Kitabevi, Ankara, 2009

Week	Weekly Detailed Course Contents	
1	Theoretical	Definitions, obstacle causes, classification of persons with disabilities in the world, and numeric situation in Turkey
2	Theoretical	Disability prevention and measures to be taken
3	Theoretical	Hearing impaired, features and physical activity applications
4	Theoretical	Visually impaired, characteristics and physical activity applications
5	Theoretical	Fiziksel engelliler, özellikleri ve fiziksel aktivite uygulamaları
6	Theoretical	Emotional impairment and learning disabilities, features and physical activity applications
7	Intermediate Exam	Midterm
8	Theoretical	Mentally handicapped, features and physical activity applications
9	Theoretical	Mentally handicapped, features and physical activity applications
10	Theoretical	Physical activity programs in disabled individuals
11	Theoretical	Physical activity programs in disabled individuals
12	Theoretical	Physical activity programs in disabled individuals
13	Theoretical	Sport competitions and organizations in disabled individuals, federations
14	Final Exam	Final Exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	12	2	6	96
Seminar	1	2	1	3



Term Project	1	4	1	5
Total Workload (Hours)				104
[Total Workload (Hours) / 25*] = ECTS				4
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	Learns the definition of disability, causes of disability and classification of disability
2	Have information about disability prevention and measures to be taken
3	Learns the place and importance of physical activity in the life of disabled individuals
4	Learns and applies the examples of physical activity that provides individual development of the disabled and improves the quality of life.
5	Learn the characteristics of disabled groups and considerations when planning physical activity
6	Learns to plan a recreational activity or organization for different groups of people with disabilities

Programme Outcomes (Recreation)

1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fulfil responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fulfil scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with their professional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

