

## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Canoeing and Rafting								
Course Code		REKB223		Couse Level		First Cycle (Bachelor's Degree)				
ECTS Credit	4	Workload	94 (Hours)	Theory	/	2	Practice	1	Laboratory	0
Objectives of t	the Course	The aim of this course is to teach the basic knowledge and techniques about canoeing and rafting.								
Course Content		This course includes general theoretical knowledge about canoeing, introduction and teaching of basic skills and techniques. Definition and techniques of rafting. Turkey and rafting in the world. Basic rafting preparation, material description and application.								
Work Placement		N/A								
Planned Learning Activities and Teaching Methods			Explar	ation	(Presentat	tion), Demons	tration			
Name of Lecturer(s)										

Assessment Methods and Criteria			
Method	Quantity	Percentage (%)	
Midterm Examination	1	40	
Final Examination	1	70	

## **Recommended or Required Reading**

1 Rafting, Jib Ellison, Bilge Kültür Sanat, 2006.

Week	Weekly Detailed Course Contents				
1	Theoretical	place in Turkey with rafting and canoeing, and the history of the world			
2	Theoretical	Canoeing and rafting terms			
3	Theoretical	Canoeing and rafting techniques			
4	Practice	Canoeing and rafting safety precautions			
5	Practice	Canoeing and rafting techniques and applications			
6	Practice	Canoeing and rafting techniques and applications			
7	Practice	Canoeing and rafting techniques and applications			
8	Intermediate Exam	Midterm			
9	Practice	Canoeing and rafting techniques and applications			
10	Practice	Canoeing and rafting techniques and applications			
11	Practice	Canoeing and rafting techniques and applications			
12	Practice	Canoeing and rafting techniques and applications			
13	Practice	Canoeing and rafting techniques and applications			
14	Practice	Canoeing and rafting techniques and applications			
15	Final Exam	Final Exam			

Workload Calculation				
Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	7	3	3	42
Lecture - Practice	7	3	3	42
Term Project	1	2	1	3
Individual Work	1	6	1	7
Total Workload (Hours)				94
[Total Workload (Hours) / 25*] = <b>ECTS</b>				4
*25 hour workload is accepted as 1 ECTS				

## **Learning Outcomes**

- 1 Canoeing and rafting and knows his place in the history of Turkey and the World
- 2 Knows and applies the techniques used in canoeing and rafting
- 3 Canoeing and rafting where and under which conditions knows and applies



Knows and applies security measures
Knows and applies first aid issues

Progra	amme Outcomes (Recreation)
1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fullfil responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fullfil scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with their professional identity related to Recreation field

Students must communicate written or verbal in some foreign languages

