



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Hemsball							
Course Code		REKB327		Couse Level		First Cycle (Bachelor's Degree)			
ECTS Credit	4	Workload	102 (<i>Hours</i>)	Theory	2	Practice	1	Laboratory	0
Objectives of the Course		It aims to teach the techniques that focus, balance, reaction and coordination that people of all ages can play.							
Course Content		Hemsball game rules and shooting techniques to make							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Individual Study					
Name of Lecturer(s)		Ins. Eda GÜNAY							

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	hemsball oyun kuralları Murat Altınay
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Week	Weekly Detailed Course Contents	
1	Theoretical	Description and planning of the course
2	Theoretical	Knowledge of game rules and history of the game.
3	Theoretical	Game rules knowledge
4	Practice	Teaching basic technical shots.
5	Practice	Palms shot, fireball technique
6	Practice	Pinwheel, flexible wrist technique.
7	Practice	Zigzag, claw technique.
8	Intermediate Exam	Midterm Examination
9	Practice	Burning ball, reverse wrist, hard wrist technique
10	Practice	Low, goat, nail technique.
11	Practice	Ball, drop, cutting technique
12	Theoretical	Hose, rinsing technology
13	Practice	Altınay shooting technique teaching, doubles, singles match.
14	Final Exam	final

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	1	2	42
Lecture - Practice	14	2	2	56
Assignment	1	2	2	4
Total Workload (Hours)				102
[Total Workload (Hours) / 25*] = ECTS				4

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	Learns the rules of handball game.
2	Learn and apply the shooting techniques used in handball game
3	Learn to be balanced and coordinate his movements during the game
4	teaches focus in hemsball
5	Provides mobility and hand eye coordination in hemsball game



Programme Outcomes (Recreation)

1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fulfil responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fulfil scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with their professional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

