



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Kids Athletics							
Course Code		REKB350		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	4	Workload	102 (<i>Hours</i>)	Theory	2	Practice	1	Laboratory	0
Objectives of the Course		In spreading athletic culture							
Course Content		To be able to comprehend the educational value of athletics							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Demonstration, Individual Study					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Carr G.A. Press Fundamentals of Track and Field "Leisure Press (1991)
2	IAAF "Athletics Competition Rules", Athletics Federation (2009)

Week	Weekly Detailed Course Contents	
1	Theoretical	Athletics classification
2	Theoretical	The educational value of athletics
3	Theoretical	Measures to be taken in promoting athletic culture
4	Theoretical	AAF Children's Athletics (Naili Moran Bebestad) program
5	Practice	Preparing simple educational tools and sprinting obstacle games that can be used in learning-teaching process
6	Practice	Naili Moran "Bebestad Distance Running Games
7	Practice	Naili Moran "Bebestad atlama Oyunları"
8	Practice	Midterm
9	Practice	Naili Moran "Bebestad throwing games"
10	Practice	Naili Moran "Bebestad multi-game organizations
11	Practice	IAAF Competitions program 13-15 Age Team
12	Practice	Talent selection and orientation in athletics
13	Practice	Ability tests and evaluation
14	Practice	School, club, family cooperation and coach's role in sports orientation,
15	Practice	final

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	2	3	3	12
Lecture - Practice	14	2	2	56
Assignment	2	3	3	12
Individual Work	2	3	3	12
Midterm Examination	1	2	2	4
Final Examination	1	3	3	6
Total Workload (Hours)				102
[Total Workload (Hours) / 25*] = ECTS				4

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	Define the branches of athletics
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2	To be able to comprehend the educational value of athletics.
3	To be able to organize basic training applications in athletics.
4	Atletizm Kültürünün yaygınlaşmasını sağlayabilme
5	Talent selection and orientation in athletics

Programme Outcomes (Recreation)

1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fulfil responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fulfil scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with their professional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

