



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Beach Volley							
Course Code		REKB354		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	4	Workload	100 ( <i>Hours</i> )	Theory	2	Practice	1	Laboratory	0
Objectives of the Course		To know the basic techniques of beach volleyball. To be able to apply these techniques at a basic level. To be able to understand how to organize beach volleyball and to organize the organization.							
Course Content		Definition and historical development of beach volleyball. To learn beach volleyball organizations in the world and in our country, rules of the game, physical characteristics and game strategies of beach volleyball players, basic features that differentiate beach volleyball from salon volleyball, basic volleyball movement techniques.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Project Based Study, Individual Study					
Name of Lecturer(s)		Ins. Vedat ŞENTÜRK							

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

### Recommended or Required Reading

1	Turkish Volleyball Federation web pages, <a href="http://www.tvf.org.tr/kategoriler/plaj-voleybolu/">http://www.tvf.org.tr/kategoriler/plaj-voleybolu/</a>
2	Volleyball Federation, <a href="http://www.fivb.org/EN/BeachVolleyball/">http://www.fivb.org/EN/BeachVolleyball/</a>

Week	Weekly Detailed Course Contents	
1	Theoretical	Facilities and Equipment; Playground, Mesh And Poles, Ball. Stretching methods specific to beach volleyball.
2	Theoretical	Teams, Materials of players, Rights and responsibilities of the participants, Repetition of stretching, collective warming methods specific to beach volleyball.
3	Theoretical	Number system, Match Preparation, Team Arrangement, Players' Positions. Stretching, Warming with ball,
4	Theoretical	Course of the Game, Game Errors. Stretching, collective warming, service.
5	Theoretical	Playing with the ball, Ball in the net, Player in the net. Stretching, heating with ball, service
6	Theoretical	Service, Attacking, Block. Finger Rust Drills
7	Theoretical	Breaks and Delays. Bump pass Drills
8	Theoretical	Midterm
9	Theoretical	Misconduct and sanctions, Finger rust and cuff drills
10	Theoretical	Drills specific to beach volleyball. Introduction to attack stroke, Shadow Training
11	Theoretical	Beach volleyball tournaments, Attacking drills
12	Theoretical	Mixed driller service, cuff, pass and attack hit.
13	Theoretical	2x2 games. Tournament
14	Theoretical	2x2 games. Tournament

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	1	2	42
Lecture - Practice	14	1	1	28
Assignment	10	0	2	20



Midterm Examination	1	3	1	4
Final Examination	1	5	1	6
Total Workload (Hours)				100
[Total Workload (Hours) / 25*] = ECTS				4

\*25 hour workload is accepted as 1 ECTS

### Learning Outcomes

1	Apply basic technical skills related to beach volleyball.
2	Knows the general rules of beach volleyball.
3	Understand the structure of beach volleyball organizations.
4	Gains the consciousness of using free time effectively.
5	34/5000 Organize beach volleyball tournament.

### Programme Outcomes (Recreation)

1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fulfil responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fulfil scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with their professional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

