



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Elective V- Beach Soccer							
Course Code		REKB357		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	4	Workload	98 (Hours)	Theory	2	Practice	1	Laboratory	0
Objectives of the Course		To teach futsal game rules, basic techniques and game systems.							
Course Content		Futsal history of the world and in Turkey, futsal rules of the game, futsal materials, techniques and tactics in futsal, learning game system in futsal.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Vic Hermans, Gregor Gdawietz, Rainer Engler and Wolfgang Schwehm, Futsal: Technique, Tactics
2	Rainer Engler, Futsal - Technik-Taktik-Training: Auch für den Schulsport,

Week	Weekly Detailed Course Contents	
1	Theoretical	The history of futsal and Turkey to futs
2	Theoretical	Futsal rule information
3	Practice	Futsalda player profile and energy systems
4	Theoretical	Basic techniques in futsal
5	Practice	Futsalda attack studies
6	Practice	Defense activities in futsal
7	Practice	: Fast attack work
8	Intermediate Exam	midterm
9	Practice	Game systems
10	Practice	Game systems
11	Practice	Standing ball exercises
12	Practice	: Developing a game strategy
13	Practice	Gaming Systems
14	Final Exam	final

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	1	2	42
Lecture - Practice	14	2	2	56
Total Workload (Hours)				98
[Total Workload (Hours) / 25*] = ECTS				4

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	To learn the rules of futsal game
2	To learn basic futsal techniques
3	Futsal attack principles
4	To learn the principles of futsal defense
5	futsal match fixture preparation



Programme Outcomes (Recreation)

1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fulfil responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fulfil scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with their professional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

