



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Table Tennis							
Course Code		REKB359		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	4	Workload	100 (<i>Hours</i>)	Theory	2	Practice	1	Laboratory	0
Objectives of the Course		Masa tenisinin Öğretilmesi							
Course Content		Masa tenisinin Öğretilmesi							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Individual Study					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	odges,L.(1993).Table Tennis Steps to Success.Human Kinetics,Champaign. Seemiller,D.,Holowchak,M.(1997).Winning Table Tennis. Human Kinetics,Champaign.
---	--

Week	Weekly Detailed Course Contents	
1	Theoretical	To have general information about Table Tennis
2	Practice	Basic posture and grip
3	Practice	Basic strokes (forehand-backhand)
4	Practice	Basic strokes (forehand-backhand)
5	Practice	Basic strokes (forehand-backhand)
6	Practice	Application
7	Practice	Application
8	Practice	midterm
9	Practice	Rules
10	Practice	Attack techniques
11	Practice	Defense techniques
12	Practice	Single play systems
13	Practice	Double play techniques
14	Practice	Match
15	Practice	final

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	1	3	3	6
Lecture - Practice	14	3	3	84
Midterm Examination	1	3	2	5
Final Examination	1	3	2	5
Total Workload (Hours)				100
[Total Workload (Hours) / 25*] = ECTS				4

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	Knows the rules of table tennis.
2	Makes basic holdings and postures.
3	Performs forehand and backhand strokes.
4	Know and apply single game systems



5	Knows and applies attack and defense techniques.
---	--

Programme Outcomes (*Recreation*)

1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fulfil responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fulfil scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with their professional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

