



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Orienteering							
Course Code		REKB361		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	4	Workload	99 (<i>Hours</i>)	Theory	2	Practice	1	Laboratory	0
Objectives of the Course		To increase students' predictions, to improve their ways of achieving life goals, to instill the consciousness of nature, to provide concentration, to use time.							
Course Content		Orienteering definition, historical development in the world and in Turkey, according to the way the branches, rules, implementation stages.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Case Study, Individual Study					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Khan, F.2008; International Orientation Rules, Gün Publications, Ankara.
---	--

Week	Weekly Detailed Course Contents	
1	Theoretical	Historical development of orienteering
2	Theoretical	Types of orienteering and necessary for orienteering
3	Theoretical	Basic rules of orienteering
4	Theoretical	Oryantiring haritasında kullailan semboller
5	Theoretical	Oryantiring haritasında kullailan semboller
6	Theoretical	Orienteering target information card
7	Theoretical	Orienteering target information card
8	Theoretical	midterm
9	Practice	Orienteering techniques (Salon work)
10	Practice	Orienteering techniques (Salon work)
11	Practice	Orienteering techniques (pile traverse orienteering work)
12	Practice	Line Orientation
13	Practice	Land (rough) orienteering
14	Practice	Land (rough) orienteering
15	Practice	final

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	10	2	2	40
Lecture - Practice	10	2	2	40
Assignment	1	3	3	6
Land Work	1	2	3	5
Midterm Examination	1	2	2	4
Final Examination	1	2	2	4
Total Workload (Hours)				99
[Total Workload (Hours) / 25*] = ECTS				4

*25 hour workload is accepted as 1 ECTS



Learning Outcomes

1	To understand the development Oryantirig in the world and in Turkey.
2	To be able to comprehend the application of orienteering in detail.
3	To be able to explain with examples how natural conditions differ according to regional characteristics.
4	To learn to go to the right targets in the field
5	Finding specific targets in the field as soon as possible.

Programme Outcomes (Recreation)

1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fullfil responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fullfil scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with theirprofessional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

