



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Underwater Sports							
Course Code		REKB372		Couse Level		First Cycle (Bachelor's Degree)			
ECTS Credit	4	Workload	102 ( <i>Hours</i> )	Theory	2	Practice	1	Laboratory	0
Objectives of the Course		General theoretical knowledge related to underwater and scuba diving, basic skills and techniques.							
Course Content		Transfer of general theoretical information about underwater and diving, introduction and teaching of basic skills and techniques, use of diving materials.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Individual Study					
Name of Lecturer(s)									

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

### Recommended or Required Reading

1	TSSF BİR YILDIZ DALICI EĞİTİM KİTABI
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Week	Weekly Detailed Course Contents	
1	Theoretical	Introduction to underwater sports
2	Practice	Basic equipment
3	Practice	Basic diving signs
4	Practice	Pressure volume relationships
5	Practice	Independent scuba diving equipment
6	Practice	Underwater physics and physiology
7	Practice	Buoyancy equipment
8	Intermediate Exam	Midterm
9	Practice	Diving suits and aids
10	Practice	Maintenance and storage of materials
11	Practice	Rescue yourself and someone else
12	Practice	Safe diving rules
13	Practice	Choice of diving zone and protection
14	Practice	Decompression tables
15	Final Exam	Final Exam

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Practice	15	3	3	90
Individual Work	2	4	2	12
Total Workload (Hours)				102
[Total Workload (Hours) / 25*] = ECTS				4

\*25 hour workload is accepted as 1 ECTS

### Learning Outcomes

1	Explain the definition of underwater and scuba diving
2	Explain the historical development of underwater sports and scuba diving
3	Knows the basic safety rules of underwater sports and diving sports
4	Apply the basic safety rules of underwater sports and scuba diving
5	Knows and applies the basic techniques related to underwater sports and scuba diving



**Programme Outcomes (Recreation)**

1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fulfil responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fulfil scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with their professional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

