

## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Water Sports								
Course Code		REKB390		Couse Level		First Cycle (Bachelor's Degree)				
ECTS Credit	4	Workload	106 (Hours)	Theory		2	Practice	1	Laboratory	0
Objectives of the Course		To be able to organize and organize applications in the main branches of water sports								
Course Content		Introduction to the basic concepts of water sports, wind surfing, wind and sailing and teaches the basic skills and concepts								
Work Placement		N/A								
Planned Learning Activities and Teaching Methods			Explana	ation (Pr	esenta	tion), Demons	tration, Indiv	ridual Study		
Name of Lecturer(s)										

Assessment Methods and Criteria				
Method	Quantity	Percentage (%)		
Midterm Examination	1	40		
Final Examination	1	70		

## **Recommended or Required Reading**

1 Sönmez, U.(2009) 0 dan 100e Rüzgar sörfu, HObi Kulüpleri, Garanti Emeklilik Yayınları,

Week	Weekly Detailed Course Contents			
1	Practice	Course Introduction		
2	Practice	Application Meeting		
3	Practice	Determination of Application Areas		
4	Practice	Recreation Application and Organization Studies		
5	Practice	Recreation Application and Organization Studies		
6	Practice	Recreation Application and Organization Studies		
7	Practice	Recreation Application and Organization Studies		
8	Intermediate Exam	Midterm		
9	Practice	Water sports practice		
10	Practice	Water sports practice		
11	Practice	Water sports practice		
12	Practice	Water sports practice		
13	Practice	Water sports practice		
14	Practice	Water sports practice		
15	Final Exam	Final Exam		

Workload Calculation				
Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Practice	15	3	3	90
Individual Work	4	3	1	16
Total Workload (Hours)			106	
[Total Workload (Hours) / 25*] = <b>ECTS</b> 4			4	
*25 hour workload is accepted as 1 ECTS				

Learn	Learning Outcomes				
1	Knows the historical development and basic theory of water sports.				
2	Apply different water sports				
3	Recreation with water sports makes the application				
4	Knows safety measures in water sports				
5	Understands the importance of water sports				



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Progr	amme Outcomes (Recreation)
1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fullfil responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fullfil scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with theirprofessional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

