



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Recreation Practice I							
Course Code		REKB405		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	10	Workload	254 (<i>Hours</i>)	Theory	2	Practice	1	Laboratory	0
Objectives of the Course		To practice recreation, to find suitable groups, to plan individual or group recreation activities, to organize, to implement, to evaluate after the application and to prepare reports.							
Course Content		Steps of application of recreation activity: planning, organizing, division of labor, preparation of materials, transportation, application of recreation activity, evaluation after application, deficiencies, writing reports.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Case Study, Individual Study					
Name of Lecturer(s)		Prof. Savaş DUMAN							

Prerequisites & Co-requisites

ECTS Requisite	45
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Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Introduction to Recreation and Leisure 3rd Edition With Web Study Guide, Tyler Tapps, Mary Wells , 2019.
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Week	Weekly Detailed Course Contents	
1	Theoretical	Determination of the steps of application of recreation activity
2	Theoretical	Recreation activity planning application
3	Theoretical	Recreation activity planning and preparation of the application
4	Theoretical	Recreation activity planning and preparation of the application
5	Theoretical	Recreation activity planning and preparation of the application
6	Theoretical	Recreation activity planning and preparation of the application
7	Intermediate Exam	Midterm
8	Practice	Recreation activity application
9	Practice	Recreation activity application
10	Practice	Recreation activity application
11	Practice	Recreation activity application
12	Practice	Recreation activity application
13	Theoretical	Evaluation of recreation activity, report writing
14	Practice	Recreation activity application and evaluation
15	Final Exam	Final Exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	7	14	6	140
Lecture - Practice	5	10	8	90
Term Project	1	4	4	8
Individual Work	2	4	4	16
Total Workload (Hours)				254
[Total Workload (Hours) / 25*] = ECTS				10

*25 hour workload is accepted as 1 ECTS



Learning Outcomes

1	Knows the steps of recreation activity application
2	Recreation activity plans
3	Applies recreation activity
4	Evaluates the application of recreation activity
5	Writes report about recreation activity application

Programme Outcomes (Recreation)

1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fulfill responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fulfill scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with their professional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

