



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Recreational Therapy							
Course Code		REKB414		Couse Level		First Cycle (Bachelor's Degree)			
ECTS Credit	4	Workload	100 ( <i>Hours</i> )	Theory	2	Practice	1	Laboratory	0
Objectives of the Course		The use of recreation to help patients with health problems and to assist in rehabilitation and recovery; to organize, manage and implement activities such as sports, drama, play arts and crafts.							
Course Content		Purpose, definition, importance and history of therapeutic recreation, recreational application areas; sports, dance, drama and play therapy. Planning, management and implementation of recreational activities. Terminology and support systems used in therapeutic recreation services.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Case Study, Individual Study					
Name of Lecturer(s)									

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

### Recommended or Required Reading

1	Foundations of Therapeutic Recreation, Terry Long, Terry Robertson, Human Kinetics, Inc., 2019.
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Week	Weekly Detailed Course Contents	
1	Theoretical	Aim, definition, importance and history of therapeutic recreation
2	Theoretical	Aim, definition, importance and history of therapeutic recreation
3	Theoretical	The use of recreation to help patients with health problems and to help rehabilitate and heal
4	Theoretical	The use of recreation to help patients with health problems and to help rehabilitate and heal
5	Theoretical	Use of recreation to help, rehabilitate and heal people with health problems, patients and disabilities
6	Theoretical	Use of recreation to help, rehabilitate and heal people with health problems, patients and disabilities
7	Theoretical	Use of recreation to help, rehabilitate and heal people with health problems, patients and disabilities
8	Intermediate Exam	Midterm
9	Theoretical	Planning, management and implementation of therapeutic recreation activities
10	Theoretical	Planning, management and implementation of therapeutic recreation activities
11	Theoretical	Planning, management and implementation of therapeutic recreation activities
12	Theoretical	Planning, management and implementation of therapeutic recreation activities
13	Theoretical	Planning, management and implementation of therapeutic recreation activities
14	Theoretical	Planning, management and implementation of therapeutic recreation activities
15	Final Exam	Final Exam

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	15	3	3	90
Term Project	1	4	1	5
Individual Work	1	4	1	5
Total Workload (Hours)				100
[Total Workload (Hours) / 25*] = ECTS				4

\*25 hour workload is accepted as 1 ECTS

### Learning Outcomes

1	Know the purpose, definition, importance and history of therapeutic recreation
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2	Uses recreation to help people with health problems and to help rehabilitate and heal
3	Uses recreation to help disabled, rehabilitate and help healing
4	Plans therapeutic recreation activities
5	Manages and applies therapeutic recreation activities

#### Programme Outcomes (Recreation)

1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fulfil responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fulfil scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with their professional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

