



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Workplace Recreation							
Course Code		REKB415		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	4	Workload	98 (<i>Hours</i>)	Theory	2	Practice	1	Laboratory	0
Objectives of the Course		Teaches recreation activities to be done in the workplace.							
Course Content		teaches the work done to reduce the intensive workload of working individuals.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration					
Name of Lecturer(s)		Ins. Eda GÜNAY, Ins. Vedat ŞENTÜRK							

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

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Week	Weekly Detailed Course Contents	
1	Theoretical	Information about the scope of the course.
2	Theoretical	Approaches explaining the relationship between work and leisure time.
3	Theoretical	Workplace recreation and objectives.
4	Theoretical	Benefits of workplace recreation.
5	Practice	Activity types and selection.
6	Practice	Activity types and selection.
7	Practice	Activity types and selection.
8	Intermediate Exam	midterm
9	Practice	Programs for employees and managers
10	Practice	Workplace recreation in various sectors.
11	Practice	Relationship between workplace recreation and productivity.
12	Practice	Relationship between workplace recreation and productivity.
13	Theoretical	Planning workplace recreation program.
14	Final Exam	final

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	2	2	56
Lecture - Practice	14	1	2	42
Total Workload (Hours)				98
[Total Workload (Hours) / 25*] = ECTS				4

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	Will be able to explain all aspects of workplace recreation.
2	Explain the goals of workplace recreation
3	Will be able to evaluate recreational activities in accordance with the purpose.
4	Will be able to discuss the relationship between workplace recreation and productivity.
5	Will be able to plan and evaluate workplace recreation programs.
6	Explain the relationship between work and leisure time.



Programme Outcomes (Recreation)

1	Students have comprehensive and systematic information about concepts, principles, theories, facts in disciplines related to Recreation in Recreation field and use and interpret these information in workplace
2	By specialising in certain studies of profession related to Recreation, students carry out planning and control functions in the field.
3	By using the knowledge about Recreation, students fulfil responsibilities in league with other occupational groups
4	Students carry out the recommendation and coordination functions, and plan activities related to Recreation
5	Students behave in accordance with the codes of ethics and laws and regulations related to right and liability of Recreation field.
6	Students analyse by using the known techniques related to Recreation
7	Students fulfil scientific information responsibility related to Recreation and research
8	Students develop positive behaviour and attitude towards healthy life-long sport
9	Students set an example as a model to society and colleagues with their professional identity related to Recreation field
10	Students must communicate written or verbal in some foreign languages

