



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Basis of Physical Education and Sports Science							
Course Code		SYB101		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	5	Workload	120 ( <i>Hours</i> )	Theory	3	Practice	0	Laboratory	0
Objectives of the Course		The development of physical education and sports, the concepts, publications, professional areas, education and performance to give the relationship between the personal and social aspects of students healthy and well-morally, having a balanced personality general objectives.							
Course Content		Lecture, Question and Answer, Drill and Practice, Group Work, Self Study, Measurement Methods							
Work Placement		N							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Discussion, Individual Study					
Name of Lecturer(s)		Assoc. Prof. Hasan GÜLER							

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

### Recommended or Required Reading

1	Mirzaoğlu, N (Edi.) (2003). Introduction to Sport Sciences. Ankara: Sports Publisher
2	Inal A.N., Sports Sciences (2000). S. Ü. Konya Foundation Publications

Week	Weekly Detailed Course Contents	
1	Theoretical	Historical development of sport science
2	Theoretical	Basic concepts in physical education and sport
3	Theoretical	Basic foundations of sport science
4	Theoretical	Philosophy of physical education and sport
5	Theoretical	Contracts between sport science and other disciplines
6	Theoretical	Institutionalization in sport and physical education
7	Theoretical	Pedagogical foundations of sport education
8	Intermediate Exam	Midterm exam
9	Theoretical	Choice of profession and recruitment areas in sport
10	Theoretical	Psychological foundations of sport science
11	Theoretical	Sociological foundations of sport
12	Theoretical	Sport Management
13	Theoretical	Recreation
14	Theoretical	Health in sport
15	Theoretical	Sport and Disability
16	Theoretical	Final exam

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	15	1	3	60
Assignment	2	10	2	24
Individual Work	2	12	2	28
Midterm Examination	1	2	2	4
Final Examination	1	2	2	4
Total Workload (Hours)				120
[Total Workload (Hours) / 25*] = ECTS				5

\*25 hour workload is accepted as 1 ECTS



**Learning Outcomes**

1	Historical development of sport science
2	Basic concepts in physical education and sport
3	Basic foundations of sport science
4	Philosophy of physical education and sport
5	Examines the philosophy of physical education and sports

**Programme Outcomes (Sports Management)**

1	1. To be able to explain the elements of management and organization and to apply the functions of management in sports organizations
2	2. To be able to understand the interdisciplinary and the multidisciplinary nature of the field of sport management.
3	3. To be able to comprehend the knowledge, skills and values related to the management of the general business areas in addition to sports industry at the top-level.
4	4. To be able to define and explain internal and external factors that shape and influence the sports in our country and the World.
5	5. To be able to comprehend and interpret the technical strategies and the managerial skills of the branch of sports chosen.
6	The skill of creating, applying and interpreting the plans of project and program
7	7. To be able to develop strategies financially for the sports organizations, to evaluate the budgets, the sources of income and the expenses
8	8. To be able to comprehend and interpret how the ethical principles influence the process of financial, marketing and administrative decision-making at the sports organizations
9	9. To be able to know the basic principles and methods of the sports marketing at the national and international level
10	10. To be able to understand the qualitative and quantitative analysis and be able to use them effectively

**Contribution of Learning Outcomes to Programme Outcomes** 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4
P1	5	5	5	5
P2	5	5	5	5
P3	5	5	5	
P4	5	5	5	5
P5				5
P6				5

