



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Handball							
Course Code		SYB152		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	4	Workload	100 ( <i>Hours</i> )	Theory	1	Practice	2	Laboratory	0
Objectives of the Course		Handball sport in general and special education provide the theoretical and practical techniques. The individual with games, teams have cooperation, self-confidence and social interaction to provide features such as consolidating.							
Course Content		General theory-based knowledge about beach handball, teaching basic skills and technics.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Individual Study, Problem Solving					
Name of Lecturer(s)									

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

### Recommended or Required Reading

1	Mehmet Ali Çeliksoy, (2010) Handball (Handball Training and Practices in Children and Young People), Detay Publishing, Istanbul
2	Feridun Dorak (2014) Technical-Tactical Applications in Handball-Schools and Clubs, Nobel Academic Publishing
3	Zeynep F. Dinc, Kamil Dikici (2017) 1500 Practice for a Handball , Academic Publications
4	Yaşar Sevim (2010) Handball Technical - Tactical, Seçkin Publishing, Ankara
5	Felicia Lidia Radu, Beatrice Aurelia Abalasei (2015) 101 Team Handball, Bloomsbury Sport
6	Reita Clanton (1996) Team Handball: Steps to Success: Steps to Success, Human Kinetics

Week	Weekly Detailed Course Contents	
1	Theoretical	Definition, history, basic posture, pass, throws, throwing ball and making type, deceptions
2	Theoretical	Defining individual and team defense systems
3	Theoretical	Offensive systems and identification
4	Practice	Basic posture, pass, throws, throwing ball and type, deception
5	Practice	Defense of the man to man, defense of the region, combined defense, multiplicity of defense, defensiveness in the minority, taking off the ball, getting the opponent, getting the opponent, releasing the opponent, blocking the shots
6	Practice	Defense of the man to man, defense of the region, combined defense, multiplicity of defense, defensiveness in the minority, taking off the ball, getting the opponent, getting the opponent, releasing the opponent, blocking the shots
7	Practice	Fast attack, advanced fast attack, organizing, attack in a system, loading, piston movements, cross passes (2, 3, 4), curling and rolling, free games
8	Intermediate Exam	Midterm
9	Practice	Fast attack, advanced fast attack, organizing, attack in a system, loading, piston movements, cross passes (2, 3, 4), curling and rolling, free games
10	Practice	Fast attack, advanced fast attack, organizing, attack in a system, loading, piston movements, cross passes (2, 3, 4), curling and rolling, free games
11	Practice	Combination of defense and offensive techniques, general repetition
12	Theoretical	Performance-oriented training programming, nutrition, age-oriented working programs and methods, methods and methods in handball teaching, characteristics of players
13	Theoretical	Observations and tests on handball, psychology of handball coach, athlete psychology and game analysis on handball, performance training program
14	Theoretical	Teaching methods and work programs for age groups
15	Final Exam	Final Exam



**Workload Calculation**

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	6	1	3	24
Lecture - Practice	8	2	3	40
Individual Work	2	10	1	22
Midterm Examination	1	5	2	7
Final Examination	1	5	2	7
Total Workload (Hours)				100
[Total Workload (Hours) / 25*] = ECTS				4

\*25 hour workload is accepted as 1 ECTS

**Learning Outcomes**

1	Can apply handball game rules
2	Can apply basic technical skills
3	Know and apply group tactics
4	Has team tactics and management knowledge
5	Can implement individual and team defense systems
6	Can choose talent for handball
7	Apply handball teaching methods

**Programme Outcomes (Sports Management)**

1	1. To be able to explain the elements of management and organization and to apply the functions of management in sports organizations
2	2. To be able to understand the interdisciplinary and the multidisciplinary nature of the field of sport management.
3	3. To be able to comprehend the knowledge, skills and values related to the management of the general business areas in addition to sports industry at the top-level.
4	4. To be able to define and explain internal and external factors that shape and influence the sports in our country and the World.
5	5. To be able to comprehend and interpret the technical strategies and the managerial skills of the branch of sports chosen.
6	The skill of creating, applying and interpreting the plans of project and program
7	7. To be able to develop strategies financially for the sports organizations, to evaluate the budgets, the sources of income and the expenses
8	8. To be able to comprehend and interpret how the ethical principles influence the process of financial, marketing and administrative decision-making at the sports organizations
9	9. To be able to know the basic principles and methods of the sports marketing at the national and international level
10	10. To be able to understand the qualitative and quantitative analysis and be able to use them effectively

