



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

|  |   |   |                      |   |   |                                 |   |            |   |
|--|---|---|----------------------|---|---|---------------------------------|---|------------|---|
| Course Title                                     |   | Badminton   |                      |   |   |                                 |   |            |   |
| Course Code                                      |   | SYB158  |                      | Course Level  |   | First Cycle (Bachelor's Degree) |   |            |   |
| ECTS Credit                                      | 4 | Workload  | 100 ( <i>Hours</i> ) | Theory  | 1 | Practice                        | 2 | Laboratory | 0 |
| Objectives of the Course                         |   | The aim of the course is to give the students basic information about the teaching and application of badminton technical skills, teaching the technical movements and preparing them for teaching by making the students prepare sample lesson plans   |                      |   |   |                                 |   |            |   |
| Course Content                                   |   | Historical development of badminton: the world badminton, badminton in Turkey. Materials used in badminton: badminton field and net, badminton poles, racket, ball, clothing, shoes, auxiliary materials. Stroke and running techniques in badminton: racket grip, basic posture; hit zones and types of strokes: high service, short service, swip service, dunk over head, forehand hand hit, dunk over left head, backhand hand hit, forehand hand hit, backhand hand hit, drive, drop, net game ; running aspects and techniques; teaching of stroke and running techniques. Tactics. |                      |   |   |                                 |   |            |   |
| Work Placement                                   |   | N/A   |                      |   |   |                                 |   |            |   |
| Planned Learning Activities and Teaching Methods |   |   |                      | Explanation (Presentation), Demonstration, Individual Study |   |                                 |   |            |   |
| Name of Lecturer(s)                              |   | Ins. Alev YENAL   |                      |   |   |                                 |   |            |   |

### Assessment Methods and Criteria

| Method              | Quantity | Percentage (%) |
|---------------------|----------|----------------|
| Midterm Examination | 1        | 40             |
| Final Examination   | 1        | 70             |

### Recommended or Required Reading

|   |   |
|---|---|
| 1 | Rasim Kale (2011) Badminton on Schools and Clubs, Nobel Academic Publishing                         |
| 2 | Tony Grice (1996) Badminton: Steps to Success, Human Kinetics                                       |
| 3 | Bernd-Volker Brahms (2014) Badminton Handbook: Training, Tactics, Competition, Meyer & Meyer Verlag |
| 4 | Mark Golds (2002) Badminton, Crowood  |
| 5 | Mark Golds (2016) High Performance Badminton, The Crowood Press                                     |

| Week | Weekly Detailed Course Contents |  |
|------|---------------------------------|--|
| 1    | Theoretical                     | Historical development of Badminton, Field and Material Knowledge.                           |
| 2    | Theoretical                     | Teaching play areas and grip techniques (Forehand and Backhand).                             |
| 3    | Practice                        | Teaching basic stance techniques, Stepping Techniques and developer drills.                  |
| 4    | Practice                        | Teaching the basic strokes (Forehand, Backhand), Service (High, short and drive) techniques. |
| 5    | Practice                        | Teaching basic techniques (front of the net, top, drop, drive, dashes).                      |
| 6    | Theoretical                     | Teaching game rules (single, double and mixed couples) in badminton.                         |
| 7    | Theoretical                     | Teaching tactics (single, double and mixed pairs) in badminton game.                         |
| 8    | Intermediate Exam               | Midterm  |
| 9    | Practice                        | Teaching of educational games in badminton game.   |
| 10   | Practice                        | Explanation and application of the moment of the competition.                                |
| 11   | Practice                        | Competition organizations.   |
| 12   | Practice                        | The implementation of all the skills and general repetition.                                 |
| 13   | Practice                        | The implementation of all the skills and general repetition.                                 |
| 14   | Practice                        | The implementation of all the skills and general repetition.                                 |
| 15   | Final Exam                      | Final Exam   |

### Workload Calculation

| Activity            | Quantity | Preparation | Duration | Total Workload |
|---------------------|----------|-------------|----------|----------------|
| Lecture - Theory    | 4        | 2           | 2        | 16             |
| Lecture - Practice  | 10       | 2           | 2        | 40             |
| Individual Work     | 2        | 7           | 2        | 18             |
| Midterm Examination | 1        | 10          | 2        | 12             |



|   |   |    |   |     |
|---|---|----|---|-----|
| Final Examination                       | 1 | 12 | 2 | 14  |
| Total Workload (Hours)                  |   |    |   | 100 |
| [Total Workload (Hours) / 25*] = ECTS   |   |    |   | 4   |
| *25 hour workload is accepted as 1 ECTS |   |    |   |     |

### Learning Outcomes

|   |  |
|---|--|
| 1 | Describes the history and development of badminton in the world and in Turkey. |
| 2 | Can explain the rules of the game and can teach technical skills.              |
| 3 | Can apply stroke techniques, singles and doubles can understand game rules.    |
| 4 | Can organize competition organizations.  |
| 5 | Examine badminton game techniques.   |

### Programme Outcomes (Sports Management)

|    |   |
|----|---|
| 1  | 1. To be able to explain the elements of management and organization and to apply the functions of management in sports organizations   |
| 2  | 2. To be able to understand the interdisciplinary and the multidisciplinary nature of the field of sport management.  |
| 3  | 3. To be able to comprehend the knowledge, skills and values related to the management of the general business areas in addition to sports industry at the top-level.             |
| 4  | 4. To be able to define and explain internal and external factors that shape and influence the sports in our country and the World.   |
| 5  | 5. To be able to comprehend and interpret the technical strategies and the managerial skills of the branch of sports chosen.  |
| 6  | The skill of creating, applying and interpreting the plans of project and program   |
| 7  | 7. To be able to develop strategies financially for the sports organizations, to evaluate the budgets, the sources of income and the expenses                                     |
| 8  | 8. To be able to comprehend and interpret how the ethical principles influence the process of financial, marketing and administrative decision-making at the sports organizations |
| 9  | 9. To be able to know the basic principles and methods of the sports marketing at the national and international level  |
| 10 | 10. To be able to understand the qualitative and quantitative analysis and be able to use them effectively  |

