



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Tennis							
Course Code		SYB253		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	4	Workload	100 (<i>Hours</i>)	Theory	1	Practice	2	Laboratory	0
Objectives of the Course		Development of learning-teaching methods of tennis theory and practice, gaining of movement skills.							
Course Content		Tennis; history: tennis in Turkey, tennis in the World; Game rules: in singles and doubles competitions; introduction of material: racket, ball, fishnet, clothing; field size: introduction of measures in singles and doubles; explanation of technical terms: Forehand, Backhand, Forehand vole, Backhand vole, Slam Dunk and service; grade tournaments: 1. Degree Tournaments, 2. Degree tournaments, classification tournaments; general information about refereeing knowledge.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Individual Study, Problem Solving					
Name of Lecturer(s)									

Prerequisites & Co-requisites

Equivalent Course	
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Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	Osman Kermen (2002) Tennis-Techniques and Tactics, Nobel Academic Publishing
2	Paul Roetert, Todd S. Ellenbecker (2007) Complete Conditioning for Tennis (Complete Conditioning for Sports Series), Human Kinetics; Revised edition (August 2007)
3	Selahattin Şener (2015) Eyewitness Tennis, Karina Publishing House
4	Tom Sadzeck (2009) Tennis Skills: The Player's Guide, Firefly Books; Reprint edition (January 1, 2009)
5	Todd Ellenbecker, Paul Roetert (1998) Complete Conditioning for Tennis, United States Tennis Association

Week	Weekly Detailed Course Contents	
1	Theoretical	Definition and basic concepts of tennis, historical development in the world and Turkey
2	Theoretical	Explanation of technical terms, introduction to tennis equipment (racket, ball, net, clothes)
3	Practice	Exercises for ball and racket feelings
4	Practice	Basic and auxiliary stroke techniques (forehand, backhand)
5	Practice	Basic and auxiliary stroke techniques (forehand, backhand)
6	Practice	Basic and auxiliary stroke techniques (forehand, backhand)
7	Practice	Basic and auxiliary stroke techniques (forehand vole, backhand vole)
8	Intermediate Exam	Midterm
9	Practice	Basic and auxiliary stroke techniques (dunk and service)
10	Practice	Service technique and skills application
11	Practice	Tennis teaching methods
12	Practice	Tennis teaching methods
13	Theoretical	General information about tennis game rules, single and double matches, graduated tournaments, referee information
14	Theoretical	Functioning and management forms of national (ITF) and international (ITF) tennis federations
15	Final Exam	Final Exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	1	14
Lecture - Practice	14	0	2	28



Assignment	2	5	2	14
Practice Examination	1	17	3	20
Midterm Examination	1	9	2	11
Final Examination	1	12	1	13
Total Workload (Hours)				100
[Total Workload (Hours) / 25*] = ECTS				4
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	He can give basic technical information about tennis
2	Teach competition rules according to age groups
3	Knows and introduces materials related to tennis
4	Knows tennis field measurements and has all kinds of ability about field maintenance
5	Organize national and international tennis competitions and organizations
6	Can plan fitness training for tennis athletes, can make nutrition plans

Programme Outcomes (Sports Management)

1	1. To be able to explain the elements of management and organization and to apply the functions of management in sports organizations
2	2. To be able to understand the interdisciplinary and the multidisciplinary nature of the field of sport management.
3	3. To be able to comprehend the knowledge, skills and values related to the management of the general business areas in addition to sports industry at the top-level.
4	4. To be able to define and explain internal and external factors that shape and influence the sports in our country and the World.
5	5. To be able to comprehend and interpret the technical strategies and the managerial skills of the branch of sports chosen.
6	The skill of creating, applying and interpreting the plans of project and program
7	7. To be able to develop strategies financially for the sports organizations, to evaluate the budgets, the sources of income and the expenses
8	8. To be able to comprehend and interpret how the ethical principles influence the process of financial, marketing and administrative decision-making at the sports organizations
9	9. To be able to know the basic principles and methods of the sports marketing at the national and international level
10	10. To be able to understand the qualitative and quantitative analysis and be able to use them effectively

