



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

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|--|---|--|----------------------|--|---|---------------------------------|---|------------|---|
| Course Title | | Tennis | | | | | | | |
| Course Code | | SYB253 | | Course Level | | First Cycle (Bachelor's Degree) | | | |
| ECTS Credit | 4 | Workload | 100 (<i>Hours</i>) | Theory | 1 | Practice | 2 | Laboratory | 0 |
| Objectives of the Course | | Development of learning-teaching methods of tennis theory and practice, gaining of movement skills. | | | | | | | |
| Course Content | | Tennis; history: tennis in Turkey, tennis in the World; Game rules: in singles and doubles competitions; introduction of material: racket, ball, fishnet, clothing; field size: introduction of measures in singles and doubles; explanation of technical terms: Forehand, Backhand, Forehand vole, Backhand vole, Slam Dunk and service; grade tournaments: 1. Degree Tournaments, 2. Degree tournaments, classification tournaments; general information about refereeing knowledge. | | | | | | | |
| Work Placement | | N/A | | | | | | | |
| Planned Learning Activities and Teaching Methods | | | | Explanation (Presentation), Demonstration, Individual Study, Problem Solving | | | | | |
| Name of Lecturer(s) | | | | | | | | | |

Prerequisites & Co-requisites

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| Equivalent Course | |
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Assessment Methods and Criteria

| Method | Quantity | Percentage (%) |
|---------------------|----------|----------------|
| Midterm Examination | 1 | 40 |
| Final Examination | 1 | 60 |

Recommended or Required Reading

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| 1 | Osman Kermen (2002) Tennis-Techniques and Tactics, Nobel Academic Publishing |
| 2 | Paul Roetert, Todd S. Ellenbecker (2007) Complete Conditioning for Tennis (Complete Conditioning for Sports Series), Human Kinetics; Revised edition (August 2007) |
| 3 | Selahattin Şener (2015) Eyewitness Tennis, Karina Publishing House |
| 4 | Tom Sadzeck (2009) Tennis Skills: The Player's Guide, Firefly Books; Reprint edition (January 1, 2009) |
| 5 | Todd Ellenbecker, Paul Roetert (1998) Complete Conditioning for Tennis, United States Tennis Association |

| Week | Weekly Detailed Course Contents | |
|------|---------------------------------|--|
| 1 | Theoretical | Definition and basic concepts of tennis, historical development in the world and Turkey |
| 2 | Theoretical | Explanation of technical terms, introduction to tennis equipment (racket, ball, net, clothes) |
| 3 | Practice | Exercises for ball and racket feelings |
| 4 | Practice | Basic and auxiliary stroke techniques (forehand, backhand) |
| 5 | Practice | Basic and auxiliary stroke techniques (forehand, backhand) |
| 6 | Practice | Basic and auxiliary stroke techniques (forehand, backhand) |
| 7 | Practice | Basic and auxiliary stroke techniques (forehand vole, backhand vole) |
| 8 | Intermediate Exam | Midterm |
| 9 | Practice | Basic and auxiliary stroke techniques (dunk and service) |
| 10 | Practice | Service technique and skills application |
| 11 | Practice | Tennis teaching methods |
| 12 | Practice | Tennis teaching methods |
| 13 | Theoretical | General information about tennis game rules, single and double matches, graduated tournaments, referee information |
| 14 | Theoretical | Functioning and management forms of national (ITF) and international (ITF) tennis federations |
| 15 | Final Exam | Final Exam |

Workload Calculation

| Activity | Quantity | Preparation | Duration | Total Workload |
|--------------------|----------|-------------|----------|----------------|
| Lecture - Theory | 14 | 0 | 1 | 14 |
| Lecture - Practice | 14 | 0 | 2 | 28 |



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|--|---|----|---|-----|
| Assignment | 2 | 5 | 2 | 14 |
| Practice Examination | 1 | 17 | 3 | 20 |
| Midterm Examination | 1 | 9 | 2 | 11 |
| Final Examination | 1 | 12 | 1 | 13 |
| Total Workload (Hours) | | | | 100 |
| [Total Workload (Hours) / 25*] = ECTS | | | | 4 |
| *25 hour workload is accepted as 1 ECTS | | | | |

Learning Outcomes

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|---|--|
| 1 | He can give basic technical information about tennis |
| 2 | Teach competition rules according to age groups |
| 3 | Knows and introduces materials related to tennis |
| 4 | Knows tennis field measurements and has all kinds of ability about field maintenance |
| 5 | Organize national and international tennis competitions and organizations |
| 6 | Can plan fitness training for tennis athletes, can make nutrition plans |

Programme Outcomes (Sports Management)

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|----|---|
| 1 | 1. To be able to explain the elements of management and organization and to apply the functions of management in sports organizations |
| 2 | 2. To be able to understand the interdisciplinary and the multidisciplinary nature of the field of sport management. |
| 3 | 3. To be able to comprehend the knowledge, skills and values related to the management of the general business areas in addition to sports industry at the top-level. |
| 4 | 4. To be able to define and explain internal and external factors that shape and influence the sports in our country and the World. |
| 5 | 5. To be able to comprehend and interpret the technical strategies and the managerial skills of the branch of sports chosen. |
| 6 | The skill of creating, applying and interpreting the plans of project and program |
| 7 | 7. To be able to develop strategies financially for the sports organizations, to evaluate the budgets, the sources of income and the expenses |
| 8 | 8. To be able to comprehend and interpret how the ethical principles influence the process of financial, marketing and administrative decision-making at the sports organizations |
| 9 | 9. To be able to know the basic principles and methods of the sports marketing at the national and international level |
| 10 | 10. To be able to understand the qualitative and quantitative analysis and be able to use them effectively |

