



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Basic First Aid							
Course Code		ÖGK183		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	2	Workload	50 (Hours)	Theory	1	Practice	1	Laboratory	0
Objectives of the Course		Bu dersin amacı, öğrencilerde sağlık bilinci oluşturmak. İlk yardım gerektiren durumlarda doğru ve etkin ilkyardım uygulamaları kazandırmaktır.							
Course Content		Definition, Main principles and targets, Bleeding, Cardiac arrest, Burns, Poisoning, Fractures and dislocations, Sprains, First aid services in cases of consciousness disorders, First aid services.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Case Study, Individual Study					
Name of Lecturer(s)		Ins. Hilal Hatice ÜLKÜ							

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	BASIC FIRST AID, Bikem Süzen
---	------------------------------

Week	Weekly Detailed Course Contents	
1	Theoretical	Basic applications of first aid
2	Theoretical	First and second evaluation
3	Theoretical	Basic life support for adults
4	Theoretical	Basic life support for infants and children
5	Practice	First aid in respiratory obstruction
6	Theoretical	External and internal bleeding
7	Practice	Wound and wound types
8	Practice	First aid in head and spinal fractures in regional injuries
9	Intermediate Exam	Midterm
10	Theoretical	First aid for fractures, dislocations and sprains of upper extremities, first aid for fractures, dislocations and sprains of hip and lower extremities
11	Theoretical	First aid for patients requiring emergency care
12	Theoretical	First aid in poisoning, heat stroke, burns and freezes
13	Theoretical	Emergency transport techniques Fast transport techniques in short distances, Transporting sick or injured by creating stretchers
14	Theoretical	Emergency transport techniques Fast transport techniques in short distances, Transporting sick or injured by creating stretchers
15	Theoretical	An overview
16	Final Exam	Final Examination



Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	2	28
Midterm Examination	1	9	1	10
Final Examination	1	11	1	12
Total Workload (Hours)				50
[Total Workload (Hours) / 25*] = ECTS				2
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	To apply the basic principles of first aid
2	Provide basic life support
3	Applying first aid to injuries
4	Basic first aid information
5	Emergency first aid application

Programme Outcomes (Office Management and Executive Assistantship)

1	The ability of using information and communication tools and the other vocational tools and techniques.
2	The ability of planning and applying vocational process.
3	The ability of communicating in foreign language.
4	The ability of vocational self-confidence.
5	The ability of entrepreneurship.
6	The ability of using theoretical field information at the practice.
7	The ability of managing a process that provides the needs.
8	The ability of working in groups including interdisciplinary.
9	The ability of defining problems and solving them in vocational practice.
10	The awareness of vocational ethic and responsibility.
11	The awareness of necessity of life-long learning and the ability to make come true this.
12	The ability of having information about sectoral problems.
13	The ability of understanding vocational legal regulation and applying.
14	The ability of having an effective communication.
15	Social, cultural and social responsibilities of the grip, and the ability to apply to adopt.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P6	4		4	4	4
P7		5			

