



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Health Protection and Improvement							
Course Code		FZ001		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	3	Workload	76 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		The aim of this course develop awareness of wellness and health protection and responsibility in the development of the necessary knowledge, skills and qualifications to teach.							
Course Content		Health and disease concepts, protection needs to be done to improve the health and preventive health services.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Case Study, Individual Study					
Name of Lecturer(s)		Ins. Fatma Nur ALTIN							

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Prof. Dr. Çağatay Güler, Prof. Dr. Levent Akın: Public Health Basics" Hacettepe University Press in 2006.
2	Prof. Dr. Gülden Pekcan "Assessment of Nutritional Status" Printing Klasmat 2008.
3	Sevgin SAMANCIOGLU , Ayfer KARADAKOVAN "Protection and Development of the elderly health," Firat Health Services Journal, Volume 5, Issue 13 (2010).

Week	Weekly Detailed Course Contents	
1	Theoretical	Health and Disease
2	Theoretical	Health Protection and Promotion
3	Theoretical	Personal Hygiene Practices
4	Theoretical	Personal Hygiene Practices
5	Theoretical	Adequate and Balanced Nutrition
6	Theoretical	Housing Hygiene
7	Theoretical	Housing Hygiene
8	Intermediate Exam	MIDTERM EXAM
9	Theoretical	Environmental Sanitation
10	Theoretical	Environmental Sanitation
11	Theoretical	Removal of waste
12	Theoretical	Stress and Coping
13	Theoretical	Common Diseases In The Community
14	Theoretical	Age and Risk Factors
15	Theoretical	Preventive Health Services

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	1	2	42
Assignment	3	6	1	21
Midterm Examination	1	5	1	6
Final Examination	1	5	2	7
Total Workload (Hours)				76
[Total Workload (Hours) / 25*] = ECTS				3

*25 hour workload is accepted as 1 ECTS



Learning Outcomes

1	Health protection and to differentiate the necessary conditions for development
2	Protecting and improving health practices and techniques to discern.
3	Protecting and improving the health of individual behaviors to exhibit.
4	To learn individual hygiene practices
5	learn environmental sanitation and how to remove waste

Programme Outcomes (*Medical Documentation and Secretarial Practices*)

1	Write and pronounce medical terms correctly.
2	Collect data of medical statistics and report the results periodically after analyzing them scientifically.
3	Learn basic structure of human body and important system diseases.
4	Know principles and rules of medical secretaryship. Protect patients' rights and privacy.
5	Use Turkish and body language in a correct and effective way.
6	Run internal and external correspondence of the foundation, keep the files of the documents after classification, organize them and archive in line with filing techniques.
7	Establish verbal and written communication inside the foundation and out of foundation.
8	Make the coding procedure of diseases and health problems according to existing international classification systems.
9	Run the counseling services for patients and their relatives.
10	Solve the problems that are encountered in work life quickly and effectively.
11	Use the necessary equipment for professional practices such as computer and office devices effectively.
12	Improve professional knowledge and skills continuously.
13	Executes any patient registration-documentation processes
14	Makes archiving operations
15	Prepares medical documents
16	Knows Turkish history and Atatürk's revolutions.
17	Adapt to team work in application areas.
18	Knows and defines diseases.
19	Have general information about the world and biological formations.
20	English speaking writer

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	3	3	3	3	3
P2	3	3	3	3	3
P3	3	3	3	3	3
P17	4	4	4	4	4
P18	4	4	4	4	3

