

AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Physical Education and Sports Activities							
Course Code		FZ071		Couse Level		Short Cycle (Associate's Degree)			
ECTS Credit	2	Workload	50 (Hours)	Theory	0	Practice	2	Laboratory	0
Objectives of t	he Course	To provide information about all branches of the students and to promote sport as a practical							
Course Content		Basketball, volleyball, handball, tennis, badminton, football, table tennis, athletics and show practical applications to sports steer their work.							
Work Placement N/A									
Planned Learning Activities and Teaching Methods			Explanation (Presentation), Demonstration, Discussion, Case Study, Individual Study, Problem Solving						
Name of Lectu	ırer(s)								

Assessment Methods and Criteria						
Method	Quantity Percentage (
Midterm Examination	1	40				
Final Examination	1	70				

Recommended or Required Reading

1 YAŞAR SEVİM (Basketball techniques, tactics-tactics-Coach Handball technical education principles)

Week	eek Weekly Detailed Course Contents					
1	Practice	Handball industry promotion and application				
2	Practice	Basketball industry promotion and application				
3	Practice	volleyball industry promotion and application				
4	Practice	football industry promotion and application				
5	Practice	Badminton industry promotion and application				
6	Practice	Tennis branches and presentation applications				
7	Practice	Table tennis industry promotion and application				
8	Practice	MIDTERM EXAM				
9	Practice	Promotion and implementation athletics				
10	Practice	Swimming industry promotion and application				
11	Practice	Korfboll industry promotion and application				
12	Practice	Gymnastics presentation and application				
13	Practice	Indoor Soccer branch promotion and application				
14	Practice	bocce industry promotion and application				
15	Practice	bocce industry promotion and application				

Workload Calculation						
Activity	Quantity	Р	reparation	Duration	Total Workload	
Lecture - Theory	14		0	2	28	
Individual Work	5		1	1	10	
Midterm Examination	1		5	1	6	
Final Examination	1		5	1	6	
Total Workload (Hours)						
[Total Workload (Hours) / 25*] = ECTS 2						
*25 hour workload is accepted as 1 ECTS						

Learning Outcomes

- 1 Learns the application areas of life-long sports.
- 2 Define the fields of life-long sports and other related disciplines.
- 3 To learn how to manage the body protection against diseases with lifelong sports



- 4 Lifelong Sport describes the drawbacks of a still life.
- 5 Comprehend the importance of physical fitness for maintaining and developing a healthy and quality life.

Progr	amme Outcomes (Medical Documentation and Secretarial Practices)						
1	Write and pronounce medical terms correctly.						
2	Collect data of medical statistics and report the results periodically after analyzing them scientifically.						
3	Learn basic structure of human body and important system diseases.						
4	Know principles and rules of medical secretaryship. Protect patients? rights and privacy.						
5	Use Turkish and body language in a correct and effective way.						
6	Run internal and external correspondence of the foundation, keep the files of the documents after classification, organize them and archive in line with filing techniques.						
7	Establish verbal and written communication inside the foundation and out of foundation.						
8	Make the coding procedure of diseases and health problems according to existing international classification systems.						
9	Run the counseling services for patients and their relatives.						
10	Solve the problems that are encountered in work life quickly and effectively.						
11	Use the necessary equipment for professional practices such as computer and office devices effectively.						
12	Improve professional knowledge and skills continuously.						
13	Executes any patient registration-documentation processes						
14	Makes archiving operations						
15	Prepares medical documents						
16	Knows Turkish history and Atatürk's revolutions.						
17	Adapt to team work in application areas.						
18	Knows and defines diseases.						
19	Have general information about the world and biological formations.						

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P2	1	1	1	1	1
P7	1	1	1	1	1
P9	2	2	2	2	2

English speaking writer

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