# AYDIN ADNAN MENDERES UNIVERSITY
# COURSE INFORMATION FORM

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| Course Title | Memory Strengthening | | | | | | |
| Course Code | FZ073 | | Couse Level | | Short Cycle (Associate's Degree) | | |
| ECTS Credit | 2 | Workload | 50 *(Hours)* | Theory | 2 | Practice | 0 | Laboratory | 0 |
| Objectives of the Course | Effective and fast to read | | | | | | |
| Course Content | To increase the speed of perception, brain exercises to improve eye muscle | | | | | | |
| Work Placement | N/A | | | | | | |
| Planned Learning Activities and Teaching Methods | | | Explanation (Presentation), Discussion, Individual Study | | | | |
| Name of Lecturer(s) | | | | | | | |

## Assessment Methods and Criteria

| Method | Quantity | Percentage (%) |
|---|---|---|
| Midterm Examination | 1 | 40 |
| Final Examination | 1 | 70 |

## Recommended or Required Reading

| | |
|---|---|
| 1 | Transactional Memory, Tim Harris and et al., 2nd Edition |

## Weekly Detailed Course Contents

| Week | | Weekly Detailed Course Contents |
|---|---|---|
| 1 | Theoretical | Understand how the brain works |
| 2 | Theoretical | Right and left lop alignment |
| 3 | Theoretical | Right-left lobe coordination |
| 4 | Theoretical | Right-left lop exercises |
| 5 | Theoretical | Right-left lop exercises |
| 6 | Theoretical | Raising awareness |
| 7 | Theoretical | Memory boost operations |
| 8 | Intermediate Exam | Midterm exam |
| 9 | Theoretical | Development of memory |
| 10 | Theoretical | Fast detection |
| 11 | Theoretical | Encoding what you see |
| 12 | Theoretical | Attention exercises |
| 13 | Theoretical | Benefits of memory enhancement |
| 14 | Theoretical | Exercises |
| 15 | Theoretical | Exercises |

## Workload Calculation

| Activity | Quantity | Preparation | Duration | Total Workload |
|---|---|---|---|---|
| Lecture - Theory | 14 | 0 | 2 | 28 |
| Individual Work | 5 | 1 | 1 | 10 |
| Midterm Examination | 1 | 5 | 1 | 6 |
| Final Examination | 1 | 5 | 1 | 6 |
| Total Workload (Hours) | | | | 50 |
| [Total Workload (Hours) / 25*] = **ECTS** | | | | 2 |

*25 hour workload is accepted as 1 ECTS

## Learning Outcomes

| | |
|---|---|
| 1 | Recognize the importance of using memory effectively |
| 2 | Strengthening tests |
| 3 | Mind games |
| 4 | memory games |

| 5 | Personal evolution |
|---|---|

**Programme Outcomes** *(Medical Documentation and Secretarial Practices )*

| 1 | Write and pronounce medical terms correctly. |
|---|---|
| 2 | Collect data of medical statistics and report the results periodically after analyzing them scientifically. |
| 3 | Learn basic structure of human body and important system diseases. |
| 4 | Know principles and rules of medical secretaryship. Protect patients? rights and privacy. |
| 5 | Use Turkish and body language in a correct and effective way. |
| 6 | Run internal and external correspondence of the foundation, keep the files of the documents after classification, organize them and archive in line with filing techniques. |
| 7 | Establish verbal and written communication inside the foundation and out of foundation. |
| 8 | Make the coding procedure of diseases and health problems according to existing international classification systems. |
| 9 | Run the counseling services for patients and their relatives. |
| 10 | Solve the problems that are encountered in work life quickly and effectively. |
| 11 | Use the necessary equipment for professional practices such as computer and office devices effectively. |
| 12 | Improve professional knowledge and skills continuously. |
| 13 | Executes any patient registration-documentation processes |
| 14 | Makes archiving operations |
| 15 | Prepares medical documents |
| 16 | Knows Turkish history and Atatürk's revolutions. |
| 17 | Adapt to team work in application areas. |
| 18 | Knows and defines diseases. |
| 19 | Have general information about the world and biological formations. |
| 20 | English speaking writer |

**Contribution of Learning Outcomes to Programme Outcomes** *1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High*

|      | L1 | L2 | L3 | L4 | L5 |
|------|----|----|----|----|----|
| P7   | 4  | 4  | 4  | 4  | 4  |
| P8   | 4  | 4  | 4  | 4  | 4  |
| P9   | 4  | 4  | 4  | 4  | 4  |
| P10  | 4  | 4  | 4  | 4  | 4  |
| P11  | 4  | 4  | 4  | 4  | 4  |
| P12  | 4  | 4  | 4  | 4  | 4  |
| P17  | 4  | 4  | 4  | 4  | 4  |