



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		First Aid							
Course Code		İAY301		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	3	Workload	75 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		The application of first aid in situations such as injury and illness that require emergency care, and sick/ injured gaining qualifications related to the transport.							
Course Content		Basic concepts related to first aid, patient / injured assessment, triage, basic life support, first aid in bleeding and shock, first aid injuries, fractures, first aid dislocations and sprains first aid for burns, first aid freeze, first aid in choking first aid in poisoning, first aid in bug bites, body cavities first aid in case of escape foreign bodies, patient / injured handling techniques.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Individual Study					
Name of Lecturer(s)		Ins. Nesrin OĞURLU							

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Demir, G., Bingöl, N., Karagöz, S.: İlk Yardım Kaynak Kitabı, Ankara, 2007.
2	Süzen B., İnan H.: İlk Yardım, Birol Yayınevi, Geliştirilmiş 2. Baskı, İstanbul, 2004.
3	Olgun, N., Eti Aslan F., Yazıcı Kuşuoğlu, S.: Acil Bakım, Yüce Yayın, İstanbul, 1998.
4	Draft of First recommendations for an international Harmonisation of First Aid Techniques, IFRC, planned for printing in 2003.
5	J. Hudspith, S. Rayatt, First Aid and Treatment Of Minor Burns, BMJ, 2004.
6	Süzen B.L., Temel İlk Yardım, Nobel Tıp Kitabevleri, İstanbul, 2014.

Week	Weekly Detailed Course Contents	
1	Theoretical	Basic Concepts Of First Aid
2	Theoretical	Sick / Injured Assessment
3	Theoretical	Triage
4	Theoretical	Basic Life Support
5	Theoretical	Bleeding and Shock Aid
6	Theoretical	Injuries First Aid
7	Theoretical	Fractures, Dislocations And Sprains First Aid
8	Theoretical	First Aid For Burns
9	Theoretical	Freezing First Aid
10	Theoretical	First Aid In Drownings
11	Theoretical	First Aid In Case Of Poisoning
12	Theoretical	Insect Stings First Aid
13	Theoretical	First Aid In Case Of Swallowing Of Foreign Bodies Into Body Cavities
14	Theoretical	Sick /Injured Handling Techniques

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	2	0	14	28
Assignment	1	0	8	8
Laboratory	1	0	14	14
Midterm Examination	1	0	10	10



Final Examination	1	0	15	15
Total Workload (Hours)				75
[Total Workload (Hours) / 25*] = ECTS				3
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	Learning the basic concepts of first aid
2	Sick / injured to evaluate.
3	To be able to triage
4	To apply basic life support.
5	To apply first aid for bleeding and injuries
6	Fractures, dislocations and sprains first aid to apply
7	To apply first aid in other emergency situations
8	Sick /injured to be able to move the carriage.

Programme Outcomes (Environmental Health)

1	They have the appropriate level of knowledge about the basic sciences which has an interaction with the environment and the environment itself.
2	They have gained the basic concepts, skills and qualifications in the Environmental health theoretical and practical lessons. And then they can establish the connections that are necessary to protect the environment and people's health in the light of these competencies.
3	They can use the approaches and the information of basic and applied research in different disciplines. They can follow the innovations and developments in their field, and have self-development competency with the terms of the day.
4	They know and apply the analysis methods used in the evaluation of environmental factors (drinking water, waste water treatment, air pollution, meteorological data, land values, food control, radiation measurement, etc.).
5	They have a professional and ethical consciousness, and have the ability to recognize the environmental problems and also can formulate a solution to these problems. They apply the gained knowledges and skills faced in real life situations, transfers the knowledge to individuals around, and wins the life-long learning behavior.
6	They are able to use their professional knowledge in their lives and behave sensitively toward the local and global environmental problems and effectively uses to the legislation and management tools the necessary for the solution.
7	Gained the ability to adapt the changing in a positive way themselves, to understand the core values and cultures of the society which are living. Sensitive to the universal and the social values, interests of the country, have adopted the concept of sustainable development, environmentally conscious, productive, behaves aware of the ethical and professional responsibility.
8	Provides a healthy interact of individual, society and the environment and take responsibility in the necessary situations for the continuity.
9	They gain the ecologically-based solving skills the problems and the delays that may arise in interaction with each other of living and nonliving environment. Interests of local and national, and Ecological and historical values of our country, and contribute to the protection and the development of them.
10	Exhibits the appropriate behaviours for the protection and the development of plants, animals, and inanimate environment, and the especially human health.
11	Knows the value of energy for life, recognizes the types of energy, and have conscious of the importance, using and dissemination of renewable energy sources.
12	Knows the properties of information and communication technologies, and uses them in the process efficiently and professionally.
13	They aware of the democracy, rule of law, human rights, the national and universal cultural characteristics, and sensitive towards to the nature, society and people.
14	Knows the importance of Ataturk's principles and reforms, make them a way of life.
15	Uses effectively the Turkish in speaking and writing.
16	Has at least one foreign language ability to be able to follow the knowledge in their profession and to communicate with colleagues.
17	To have the appropriate knowledge of medical sciences at the level of interest, to use specific medical terms and terminology of field

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5	L6	L7	L8
P1	4							
P5	4	4	4	4	4	4	4	4
P6	3	3	3	3	3			
P8	4	4	4	4	4		4	4
P10	4	4	4	4	4	4		4

