



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Health Protection and Improvement							
Course Code		FZ001		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	3	Workload	76 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		The aim of this course develop awareness of wellness and health protection and responsibility in the development of the necessary knowledge, skills and qualifications to teach.							
Course Content		Health and disease concepts, protection needs to be done to improve the health and preventive health services.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Case Study, Individual Study					
Name of Lecturer(s)		Ins. Fatma Nur ALTIN							

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Prof. Dr. Çağatay Güler, Prof. Dr. Levent Akın: Public Health Basics" Hacettepe University Press in 2006.
2	Prof. Dr. Güliden Pekcan "Assessment of Nutritional Status" Printing Klasmat 2008.
3	Sevgin SAMANCIOGLU , Ayfer KARADAKOVAN "Protection and Development of the elderly health," Firat Health Services Journal, Volume 5, Issue 13 (2010).

Week	Weekly Detailed Course Contents	
1	Theoretical	Health and Disease
2	Theoretical	Health Protection and Promotion
3	Theoretical	Personal Hygiene Practices
4	Theoretical	Personal Hygiene Practices
5	Theoretical	Adequate and Balanced Nutrition
6	Theoretical	Housing Hygiene
7	Theoretical	Housing Hygiene
8	Intermediate Exam	MIDTERM EXAM
9	Theoretical	Environmental Sanitation
10	Theoretical	Environmental Sanitation
11	Theoretical	Removal of waste
12	Theoretical	Stress and Coping
13	Theoretical	Common Diseases In The Community
14	Theoretical	Age and Risk Factors
15	Theoretical	Preventive Health Services

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	1	2	42
Assignment	3	6	1	21
Midterm Examination	1	5	1	6
Final Examination	1	5	2	7
Total Workload (Hours)				76
[Total Workload (Hours) / 25*] = ECTS				3

*25 hour workload is accepted as 1 ECTS



Learning Outcomes

1	Health protection and to differentiate the necessary conditions for development
2	Protecting and improving health practices and techniques to discern.
3	Protecting and improving the health of individual behaviors to exhibit.
4	To learn individual hygiene practices
5	learn environmental sanitation and how to remove waste

Programme Outcomes (First and Emergency Aid)

1	To be able to be aware of their professional authorities and responsibilities.
2	To be able to use the principles of individual and organizational communication skills.
3	To be able to define the emergency medical services and the pre-hospital emergency medical system devices used in Turkey and the world .
4	To be able to perform physical assessment of the patient and primary and secondary inspection.
5	To be able to apply the methods of handling and transportation of the patient
6	To be able to recognize the rules of the general approach to trauma patients and to be able to be capable of handling and maintenance of trauma equipment.
7	To be able to recognize emergency vehicles' mechanical and technical equipment and to be able to drive emergency vehicles.
8	To be able to identify the principles of pre-hospital emergency care in cases of environmental emergencies.
9	To be able to identify the principles of pre-hospital emergency care in medical emergencies.
10	To be able to analyze the ECG rhythm and apply the principles of pre-hospital emergency care for rhythm Disorders.
11	To be able to recognize and apply the pre-hospital emergency care drugs and fluids.
12	To be able to identify basic life support applications, Advanced Life Support applications and Advanced air way applications.
13	To be able to recognize the principles of pre-hospital emergency during disasters.
14	To be able to protect and maintain the highest level of physical and mental health.
15	To be able to recognize human anatomy and physiology.
16	To be able to develop good communication and human relations skills with colleagues and patients.
17	To be able to apply Infection Control Methods and check infectious situations of emergency vehicles and equipment, ensure the conditions of asepsis-antisepsis and pre-hospital emergency care with Infectious Diseases.
18	To have the appropriate knowledge of medical sciences at the level of interest, to use specific medical terms and terminology of field

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P14	3	3	3	3	3
P17	3	3	3	3	3

