



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Rhythm and Dance							
Course Code		FZ072		Couse Level		Short Cycle (Associate's Degree)			
ECTS Credit	2	Workload	50 ( <i>Hours</i> )	Theory	0	Practice	2	Laboratory	0
Objectives of the Course		Students ; AEROBIC STEP DANCE AND SKILLS gain							
Course Content		To provide students with the ability to spend time with a beautiful dance concept .							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Discussion, Case Study, Individual Study, Problem Solving					
Name of Lecturer(s)									

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

### Recommended or Required Reading

1	Okullarda beden eğitimi ve spor,Pegem akademi yayınları
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Week	Weekly Detailed Course Contents	
1	Theoretical	Exercise movements
2	Theoretical	Aerobic exercise
3	Theoretical	floor exercise
4	Theoretical	music, sports
5	Theoretical	step aerobics music
6	Theoretical	Plates
7	Theoretical	step
8	Intermediate Exam	MIDTERM EXAM
9	Theoretical	slimming exercises
10	Theoretical	sports
11	Theoretical	dance practice
12	Theoretical	muscle-strengthening activities
13	Theoretical	Step-aerobik-plates
14	Theoretical	Step-aerobik-plates
15	Theoretical	Step-aerobik-plates

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	2	28
Individual Work	5	1	0.5	7.5
Midterm Examination	1	6	1	7
Final Examination	1	7	1	8
Total Workload (Hours)				50
[Total Workload (Hours) / 25*] = ECTS				2

\*25 hour workload is accepted as 1 ECTS

### Learning Outcomes

1	Exercise movements
2	Aerobic exercise



3	Sport with music
4	Slimming exercises
5	Dance practices

**Programme Outcomes (First and Emergency Aid )**

1	To be able to be aware of their professional authorities and responsibilities.
2	To be able to use the principles of individual and organizational communication skills.
3	To be able to define the emergency medical services and the pre-hospital emergency medical system devices used in Turkey and the world .
4	To be able to perform physical assessment of the patient and primary and secondary inspection.
5	To be able to apply the methods of handling and transportation of the patient
6	To be able to recognize the rules of the general approach to trauma patients and to be able to be capable of handling and maintenance of trauma equipment.
7	To be able to recognize emergency vehicles' mechanical and technical equipment and to be able to drive emergency vehicles.
8	To be able to identify the principles of pre-hospital emergency care in cases of environmental emergencies.
9	To be able to identify the principles of pre-hospital emergency care in medical emergencies.
10	To be able to analyze the ECG rhythm and apply the principles of pre-hospital emergency care for rhythm Disorders.
11	To be able to recognize and apply the pre-hospital emergency care drugs and fluids.
12	To be able to identify basic life support applications, Advanced Life Support applications and Advanced air way applications.
13	To be able to recognize the principles of pre-hospital emergency during disasters.
14	To be able to protect and maintain the highest level of physical and mental health.
15	To be able to recognize human anatomy and physiology.
16	To be able to develop good communication and human relations skills with colleagues and patients.
17	To be able to apply Infection Control Methods and check infectional situations of emergency vehicles and equipment, ensure the conditions of asepsis-antisepsis and pre-hospital emergency care with Infectious Diseases.
18	To have the appropriate knowledge of medical sciences at the level of interest, to use specific medical terms and terminology of field

**Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High**

	L1	L2	L3	L4	L5
P1	1	1	1	1	1

