



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		First Aid							
Course Code		İAY301		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	3	Workload	75 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		The application of first aid in situations such as injury and illness that require emergency care, and sick/ injured gaining qualifications related to the transport.							
Course Content		Basic concepts related to first aid, patient / injured assessment, triage, basic life support, first aid in bleeding and shock, first aid injuries, fractures, first aid dislocations and sprains first aid for burns, first aid freeze, first aid in choking first aid in poisoning, first aid in bug bites, body cavities first aid in case of escape foreign bodies, patient / injured handling techniques.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Individual Study					
Name of Lecturer(s)		Ins. Nesrin OĞURLU							

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Demir, G., Bingöl, N., Karagöz, S.: İlk Yardım Kaynak Kitabı, Ankara, 2007.
2	Süzen B., İnan H.: İlk Yardım, Birol Yayınevi, Geliştirilmiş 2. Baskı, İstanbul, 2004.
3	Olgun, N., Eti Aslan F., Yazıcı Kuşuoğlu, S.: Acil Bakım, Yüce Yayın, İstanbul, 1998.
4	Draft of First recommendations for an international Harmonisation of First Aid Techniques, IFRC, planned for printing in 2003.
5	J. Hudspith, S. Rayatt, First Aid and Treatment Of Minor Burns, BMJ, 2004.
6	Süzen B.L., Temel İlk Yardım, Nobel Tıp Kitabevleri, İstanbul, 2014.

Week	Weekly Detailed Course Contents	
1	Theoretical	Basic Concepts Of First Aid
2	Theoretical	Sick / Injured Assessment
3	Theoretical	Triage
4	Theoretical	Basic Life Support
5	Theoretical	Bleeding and Shock Aid
6	Theoretical	Injuries First Aid
7	Theoretical	Fractures, Dislocations And Sprains First Aid
8	Theoretical	First Aid For Burns
9	Theoretical	Freezing First Aid
10	Theoretical	First Aid In Drownings
11	Theoretical	First Aid In Case Of Poisoning
12	Theoretical	Insect Stings First Aid
13	Theoretical	First Aid In Case Of Swallowing Of Foreign Bodies Into Body Cavities
14	Theoretical	Sick /Injured Handling Techniques

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	2	0	14	28
Assignment	1	0	8	8
Laboratory	1	0	14	14
Midterm Examination	1	0	10	10



Final Examination	1	0	15	15
Total Workload (Hours)				75
[Total Workload (Hours) / 25*] = ECTS				3
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	Learning the basic concepts of first aid
2	Sick / injured to evaluate.
3	To be able to triage
4	To apply basic life support.
5	To apply first aid for bleeding and injuries
6	Fractures, dislocations and sprains first aid to apply
7	To apply first aid in other emergency situations
8	Sick /injured to be able to move the carriage.

Programme Outcomes (First and Emergency Aid)

1	To be able to be aware of their professional authorities and responsibilities.
2	To be able to use the principles of individual and organizational communication skills.
3	To be able to define the emergency medical services and the pre-hospital emergency medical system devices used in Turkey and the world .
4	To be able to perform physical assessment of the patient and primary and secondary inspection.
5	To be able to apply the methods of handling and transportation of the patient
6	To be able to recognize the rules of the general approach to trauma patients and to be able to be capable of handling and maintenance of trauma equipment.
7	To be able to recognize emergency vehicles' mechanical and technical equipment and to be able to drive emergency vehicles.
8	To be able to identify the principles of pre-hospital emergency care in cases of environmental emergencies.
9	To be able to identify the principles of pre-hospital emergency care in medical emergencies.
10	To be able to analyze the ECG rhythm and apply the principles of pre-hospital emergency care for rhythm Disorders.
11	To be able to recognize and apply the pre-hospital emergency care drugs and fluids.
12	To be able to identify basic life support applications, Advanced Life Support applications and Advanced air way applications.
13	To be able to recognize the principles of pre-hospital emergency during disasters.
14	To be able to protect and maintain the highest level of physical and mental health.
15	To be able to recognize human anatomy and physiology.
16	To be able to develop good communication and human relations skills with colleagues and patients.
17	To be able to apply Infection Control Methods and check infectious situations of emergency vehicles and equipment, ensure the conditions of asepsis-antisepsis and pre-hospital emergency care with Infectious Diseases.
18	To have the appropriate knowledge of medical sciences at the level of interest, to use specific medical terms and terminology of field

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5	L6	L7	L8
P1	5	5	5	5	5	5	5	5
P4		5	5	5	5	5	5	
P5								5
P12				5				
P15	5	5	5	5	5	5	5	

