



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Physical Education and Sports Activities							
Course Code		FZ071		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	2	Workload	50 (Hours)	Theory	0	Practice	2	Laboratory	0
Objectives of the Course		To provide information about all branches of the students and to promote sport as a practical							
Course Content		Basketball, volleyball, handball, tennis, badminton, football, table tennis, athletics and show practical applications to sports steer their work.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Discussion, Case Study, Individual Study, Problem Solving					
Name of Lecturer(s)									

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

### Recommended or Required Reading

1	YAŞAR SEVİM (Basketball techniques, tactics-tactics-Coach Handball technical education principles)
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Week	Weekly Detailed Course Contents	
1	Practice	Handball industry promotion and application
2	Practice	Basketball industry promotion and application
3	Practice	volleyball industry promotion and application
4	Practice	football industry promotion and application
5	Practice	Badminton industry promotion and application
6	Practice	Tennis branches and presentation applications
7	Practice	Table tennis industry promotion and application
8	Practice	MIDTERM EXAM
9	Practice	Promotion and implementation athletics
10	Practice	Swimming industry promotion and application
11	Practice	Korfball industry promotion and application
12	Practice	Gymnastics presentation and application
13	Practice	Indoor Soccer branch promotion and application
14	Practice	bocce industry promotion and application
15	Practice	bocce industry promotion and application

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	2	28
Individual Work	5	1	1	10
Midterm Examination	1	5	1	6
Final Examination	1	5	1	6
Total Workload (Hours)				50
[Total Workload (Hours) / 25*] = ECTS				2

\*25 hour workload is accepted as 1 ECTS

### Learning Outcomes

1	Learns the application areas of life-long sports.
2	Define the fields of life-long sports and other related disciplines.
3	To learn how to manage the body protection against diseases with lifelong sports



4	Lifelong Sport describes the drawbacks of a still life.
5	Comprehend the importance of physical fitness for maintaining and developing a healthy and quality life.

#### Programme Outcomes (Medical Laboratory Techniques)

1	To be able to have sufficient back ground in medical laboratory techniques and medical laboratory branches (biochemistry, microbiology, parasitology, sitogenetik etc.); the ability to use theoretical and practical knowledge in these fields.
2	To be able to have the basic theoretical and practical knowledge and other resources have been supported applications and tools based on secondary-level qualifications gained in the field of Medical Laboratory Techniques Program to-date text books containing formations
3	To be able to have basic knowledge about structure and function of systems in human, to analyse these data on tissue, cell and diseases.
4	To be able to analyse the medical samples necessary for physicians by using tools, equipment and techniques at the diagnostic and the therapeutic laboratories of health agencies and evaluate the data.
5	To be able to use the medical laboratory tools and equipments according to rules and techniques, and make controls and maintenance of them
6	To be able to perform basic tests of related different medical laboratories, prepare solutions.
7	To be able to perform proper sample collection and transport procedures for the medical laboratory tests from the patient.
8	To be able to perform preanalytical sample preparation procedure, prepare inspection preparations, perform disinfection and sterilization
9	To be able to interpret and evaluate data, define and analyze problems, develop solutions based on research and proofs by using acquired basic knowledge and skills with in the field.
10	To be able to have knowledge about work organization and carry out related practice in medical laboratories
11	To be able to carry out laboratory safety protocols, take individual safety precaution and create safe laboratory environment.
12	To be able to gain the ability to apply by viewing and evaluating the processes related to his/her fields in public and private sector.
13	To be able to gain the awareness of the necessity of life long learning, ability to follow developments in science and technology and self-renewal.
14	To be able to help laboratory experts and medical scientists for their researches
15	To be able to be aware of individual and public health, environmental protection and job security issues, understanding the basic level of the relationship.
16	To be able to grasp principles of Atatürk and their evolutions, to ensure national, ethical, spiritual and cultural values, to adopt to universal and contemporary developments
17	To be able to communicate efficiently for medical service and speak Turkish efficiently.
18	To be able to communicate in English at basic level, utilize foreign language on occupational practice
19	To have the appropriate knowledge of medical sciences at the level of interest, to use specific medical terms and terminology of field

#### Contribution of Learning Outcomes to Programme Outcomes 1: Very Low, 2: Low, 3: Medium, 4: High, 5: Very High

	L1	L2	L3	L4	L5
P3	5	5	5	5	5

