



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Family Planning							
Course Code		AN070		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	2	Workload	50 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		the protection of our country used to teach methods of family planning and reproductive health							
Course Content		population movements in our country, contraceptive methods, reproductive health, infertility and treatment .Ka you health, child health, reproductive health in women and men of reproductive age, contraception, prevention of risky pregnancy, healthy pregnancy							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Discussion, Project Based Study, Individual Study					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	Taşkın,L, Doğum ve kadın sağlığı Hemşireliği Ankara 2009
2	Nüfus planlaması genel müdürlüğü Aile Planlaması Nasıl olmalı el kitabı

Week	Weekly Detailed Course Contents	
1	Theoretical	The definition of family planning, the importance and benefits
2	Theoretical	General situation of family planning in Turke
3	Theoretical	Sexuality, pregnancy and frequent false information and applications associated with eastern
4	Theoretical	Female anatomy and physiology of the reproductive organs
5	Theoretical	Male anatomy and physiology of the reproductive organs
6	Theoretical	Pregnancy physiology
7	Theoretical	Classification of contraceptives
8	Preparation Work	Project and task assessments
9	Theoretical	Intrauterine devices, barrier methods
10	Theoretical	Hormonal Contraceptive methods
11	Theoretical	Natural family planning methods
12	Theoretical	Surgical sterilization of women and men
13	Theoretical	Emergency contraception, contraception in special cases
14	Theoretical	infertility

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	1	1	28
Assignment	2	5	2	14
Individual Work	2	2	2	8
Total Workload (Hours)				50
[Total Workload (Hours) / 25*] = ECTS				2

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	Turkey and in the world of reproductive health and family planning status and be able to explain the importance of the policy framework relating to family planning.
2	To be able to provide family planning services in accordance with the steps of prevention of infection.
3	To be able to say the importance of genital tract infections in terms of family planning and to evaluate the applicant in terms of genital tract infections



4	To be able to follow the new developments in Family Planning methods and to inform the applicant about new methods
5	To be able to correctly use basic data collection forms and records related to family planning services in Turkey

Programme Outcomes (Physiotherapy)

1	To be able to recall the information of research methods and statistics so as to follow the developments, monitor and interpret scientific literature
2	To have the appropriate knowledge of basic sciences at the level of interest, to use specific medical terms and terminology of physical therapy
3	To be able to recall knowledge of the general structure and properties of musculoskeletal system and the joints and to evaluate the story of musculoskeletal diseases.
4	To be able to comprehend the methods of measurement of the range of motion of joints and to measure it.
5	To be able to implement a general evaluation of posture analysis and gait analysis.
6	To be able to recall the knowledge about general characteristics of musculoskeletal diseases, osteoporosis, osteoarthritis, rheumatoid arthritis, ankylosing spondylitis, especially rheumatic diseases, mechanical low back and neck pain, disc herniation, soft tissue disorders and to apply appropriate physiotherapy.
7	To be able to recall the knowledge and gain skills about the devices and the agents of heater used in physical therapy, indications and contraindications of using, and the necessary information about how to apply on patients.
8	To be able to recall the knowledge of the electromagnetic field.
9	To be able to recall what Elektroakupunktur, Laser, Biofeedback, cervical and lumbar traction systems, pneumatic compression therapy are, and how to apply them, which one is applicable to patients.
10	To be able to recall what manipulation-mobilization is and which patients are suitable for this application.
11	To be able to recall what massage and hydrotherapy treatments are and which patients are suitable for these applications.
12	To be able to gain the professional and ethical awareness, apply gained knowledge and skills in real life situations and transfer gained knowledge to individuals around her/his environment, and improve behavior of life-long learning.
13	To gain knowledge about methods of diagnosis, protection and treatment of diseases
14	To be able to recall the knowledge and gain skills about physical therapy and rehabilitation methods to be applied to neurological disorders.
15	To be able to recall the knowledge and gain skills about physical therapy and rehabilitation methods to be applied to cardiopulmonary disorders.
16	To be able to recall the knowledge and gain skills about physical therapy and rehabilitation methods to be applied to pediatric patients.
17	To be able to gain knowledge about the effects of fitness and exercise on metabolism and responses of body systems to them.
18	To have knowledge about rehabilitation services
19	To become individuals who can do interdisciplinary team work, with a sense of social responsibility and entrepreneur.
20	To be able to recall the knowledge about Atatürk's Principles and the History of Turkish Revolution.
21	To be able to gain the knowledge and ability to become contemporary individuals who can use Turkish language grammar well and know a foreign language knowledge necessary to follow the developments in the profession.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P13	3	3	3	3	3

