



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Occupational Health and Safety							
Course Code		İSG103		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	2	Workload	50 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		To teach the principles and procedures of Occupational Health and Safety trainings to be given to the employees in accordance with the provisions of the Occupational Health and Safety Law No. 6331 dated 20/06/2012. To improve the awareness of occupational health and safety.							
Course Content		It includes General, Health and Technical subjects from trainings that should be given to employees in order to provide occupational health and safety.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Case Study, Individual Study					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Final Examination	1	100

Recommended or Required Reading

1	Lecture Notes of the Instructor
2	Law(s) no. 6331
3	Regulations
4	Various Course Books

Week	Weekly Detailed Course Contents	
1	Theoretical	Course Description, The general principles of occupational health and safety and safety culture
2	Theoretical	Working legislation
3	Theoretical	Legal rights and responsibilities of employees, Cleaning and arrangement of workplace
4	Theoretical	The reasons of work accidents and the application of the protection principles and techniques, Legal consequences of work accidents and occupational diseases
5	Theoretical	Causes of occupational diseases, The principles of prevention from diseases and the application of prevention techniques
6	Theoretical	Biological risk factors, Psychosocial risk factors
7	Theoretical	Chemical risk factors
8	Theoretical	Physical risk factors
9	Theoretical	Ergonomy, Manual lifting and handling
10	Theoretical	Working with screened vehicles, Electricity, hazards, risks and precautions
11	Theoretical	Safe use of work equipment
12	Theoretical	Safety and health signs, The use of personal protective equipment
13	Theoretical	Glare, explosion, fire and fire protection
14	Theoretical	Emergencies, Evacuation and rescue
15	Theoretical	First aid
16	Final Exam	Semester final exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	2	28
Reading	1	8	1	9
Final Examination	1	12	1	13
Total Workload (Hours)				50
[Total Workload (Hours) / 25*] = ECTS				2

*25 hour workload is accepted as 1 ECTS



Learning Outcomes

1	To have information about the concept of occupational health and safety
2	To be able to define and evaluate the risks of work safety that may occur in the work environment by analysing the production processes,
3	To be able to recognize occupational safety materials, warnings and danger signs and plates, to have information about their properties and to have appropriate disbursement competence for their purpose,
4	To have the skills of planning and implementing occupational safety trainings,
5	To have sufficient knowledge about measurement techniques and methods for occupational safety and health,
6	To be capable of performing first aid intervention in emergency situations,
7	To follow, interpret and implement legislation in force in the field of occupational health and safety,
8	To have information about the basic measures to be taken in order to protect the health of the employees and prevent the occupational diseases that may occur,
9	To be able to use information technologies effectively,
10	To be able to use the mother tongue effectively in verbal, non-verbal and written communication,
11	To have proficiency in foreign language knowledge to be able to follow professional developments and foreign literature,
12	To be aware of the necessity of lifelong learning and to be able to do it,
13	To have teamwork skills, self-confidence for taking responsibilities, taking authority and fulfilling his requirements,
14	To internalize general morals and professional ethical values

Programme Outcomes (Physiotherapy)

1	To be able to recall the information of research methods and statistics so as to follow the developments, monitor and interpret scientific literature
2	To have the appropriate knowledge of basic sciences at the level of interest, to use specific medical terms and terminology of physical therapy
3	To be able to recall knowledge of the general structure and properties of musculoskeletal system and the joints and to evaluate the story of musculoskeletal diseases.
4	To be able to comprehend the methods of measurement of the range of motion of joints and to measure it.
5	To be able implement a general evaluation of posture analysis and gait analysis.
6	To be able to recall the knowledge about general characteristics of musculoskeletal diseases, osteoporosis, osteoarthritis, rheumatoid arthritis, ankylosing spondylitis, especially rheumatic diseases, mechanical low back and neck pain, disc herniation, soft tissue disorders and to apply appropriate physiotherapy.
7	To be able to recall the knowledge and gain skills about the devices and the agents of heater used in physical therapy, indications and contraindications of using, and the necessary information about how to apply on patients.
8	To be able to recall the knowledge of the electromagnetic field.
9	To be able to recall what Elektroakapunktur, Laser, Biofeedback, cervical and lumbar traction systems, pneumatic compression therapy are, and how to apply them, which one is applicable to patients.
10	To be able to recall what manipulation-mobilization is and which patients are suitable for this application.
11	To be able to recall what massage and hydrotherapy treatments are and which patients are suitable for these applications.
12	To be able to gain the professional and ethical awareness, apply gained knowledge and skills in real life situations and transfer gained knowledge to individuals around her/his environment, and improve behavior of life-long learning.
13	To gain knowledge about methods of diagnosis, protection and treatment of diseases
14	To be able to recall the knowledge and gain skills about physical therapy and rehabilitation methods to be applied to neurological disorders.
15	To be able to recall the knowledge and gain skills about physical therapy and rehabilitation methods to be applied to cardiopulmonary disorders.
16	To be able to recall the knowledge and gain skills about physical therapy and rehabilitation methods to be applied to pediatric patients.
17	To be able to gain knowledge about the effects of fitness and exercise on metabolism and responses of body systems to them.
18	To have knowledge about rehabilitation services
19	To become individuals who can do interdisciplinary team work, with a sense of social responsibility and entrepreneur.
20	To be able to recall the knowledge about Atatürk's Principles and the History of Turkish Revolution.
21	To be able to gain the knowledge and ability to become contemporary individuals who can use Turkish language grammar well and know a foreign language knowledge necessary to follow the developments in the profession.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L11	L12	L13	L14
P12	5	5	5		5	5	5
P21				5			

