



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Health Education and Health Promotion							
Course Code		ÇS802		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	2	Workload	50 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		It provides that interest to improving the live conditions of people to the students. Aimed that to develop to students', sense of responsibility and awareness, as a member of family and community. Society can be continued the healthy lifestyle thanks to their efforts and actions.							
Course Content		Health and history of the health training. Basic teaching methods and their applications. The structure of the health system in Turkey.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Case Study, Individual Study					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Sağlık eğitimi DVD (kolektif), Elma Görsel ve Müzik Ürünleri San. Eğitim DVD'leri.
2	Sağlık Eğitimi (2007) Cemil SÖZEN, Palme Yayınevi.
3	Sağlık Bilgisi (2003) Murat TUNÇ, Serhat Yayınları.

Week	Weekly Detailed Course Contents	
1	Theoretical	Definition of the health concept
	Preparation Work	Projection apparatus, slate, supporter books
2	Theoretical	Aim of this course and why necessary it?
	Preparation Work	Projection apparatus, slate, supporter books
3	Theoretical	History of the health education
	Preparation Work	Projection apparatus, slate, supporter books
4	Theoretical	Main teaching methods
	Preparation Work	Projection apparatus, slate, supporter books
5	Theoretical	Main teaching methods
	Preparation Work	Projection apparatus, slate, supporter books
6	Theoretical	Health in family and hygiene rules
	Preparation Work	Projection apparatus, slate, supporter books
7	Theoretical	Some infectious diseases
	Preparation Work	Projection apparatus, slate, supporter books
8	Intermediate Exam	Midterm
9	Theoretical	The family planning
	Practice	Make a presentation which using taught teaching method on a topic related to health.
	Preparation Work	Projection apparatus, slate, supporter books
10	Theoretical	Habits harmful to health
	Practice	Make a presentation which using taught teaching method on a topic related to health.
	Preparation Work	Projection apparatus, slate, supporter books
11	Theoretical	Turkish health system and health care institutions
	Practice	Make a presentation which using taught teaching method on a topic related to health.
	Preparation Work	Projection apparatus, slate, supporter books
12	Theoretical	Students' application related to teaching methods.
	Practice	Make a presentation which using taught teaching method on a topic related to health.
	Preparation Work	Projection apparatus, slate, supporter books



13	Theoretical	Students' application related to teaching methods.
	Practice	Make a presentation which using taught teaching method on a topic related to health.
	Preparation Work	Projection apparatus, slate, supporter books
14	Theoretical	Students' application related to teaching methods.
	Practice	Make a presentation which using taught teaching method on a topic related to health.
	Preparation Work	Projection apparatus, slate, supporter books
15	Theoretical	Students' application related to teaching methods.
	Practice	Make a presentation which using taught teaching method on a topic related to health.
	Preparation Work	Projection apparatus, slate, supporter books

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	2	28
Assignment	1	5	1	6
Midterm Examination	1	6	1	7
Final Examination	1	8	1	9
Total Workload (Hours)				50
[Total Workload (Hours) / 25*] = ECTS				2

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	1. Definition of the health concept, and why necessary this kind of course?
2	2. Getting the knowledge about the main teaching methods
3	3. Getting the knowledge and the experience about the application of the teaching methods
4	4. Getting the knowledge on issues such as health problems, hygiene and the family planning
5	To have Knowledge about Turkey' primary health Problems

Programme Outcomes (Physiotherapy)

1	To be able to recall the information of research methods and statistics so as to follow the developments, monitor and interpret scientific literature
2	To have the appropriate knowledge of basic sciences at the level of interest, to use specific medical terms and terminology of physical therapy
3	To be able to recall knowledge of the general structure and properties of musculoskeletal system and the joints and to evaluate the story of musculoskeletal diseases.
4	To be able to comprehend the methods of measurement of the range of motion of joints and to measure it.
5	To be able implement a general evaluation of posture analysis and gait analysis.
6	To be able to recall the knowledge about general characteristics of musculoskeletal diseases, osteoporosis, osteoarthritis, rheumatoid arthritis, ankylosing spondylitis, especially rheumatic diseases, mechanical low back and neck pain, disc herniation, soft tissue disorders and to apply appropriate physiotherapy.
7	To be able to recall the knowledge and gain skills about the devices and the agents of heater used in physical therapy, indications and contraindications of using, and the necessary information about how to apply on patients.
8	To be able to recall the knowledge of the electromagnetic field.
9	To be able to recall what Elektroakapunktur, Laser, Biofeedback, cervical and lumbar traction systems, pneumatic compression therapy are, and how to apply them, which one is applicable to patients.
10	To be able to recall what manipulation-mobilization is and which patients are suitable for this application.
11	To be able to recall what massage and hydrotherapy treatments are and which patients are suitable for these applications.
12	To be able to gain the professional and ethical awareness, apply gained knowledge and skills in real life situations and transfer gained knowledge to individuals around her/his environment, and improve behavior of life-long learning.
13	To gain knowledge about methods of diagnosis, protection and treatment of diseases
14	To be able to recall the knowledge and gain skills about physical therapy and rehabilitation methods to be applied to neurological disorders.
15	To be able to recall the knowledge and gain skills about physical therapy and rehabilitation methods to be applied to cardiopulmonary disorders.
16	To be able to recall the knowledge and gain skills about physical therapy and rehabilitation methods to be applied to pediatric patients.
17	To be able to gain knowledge about the effects of fitness and exercise on metabolism and responses of body systems to them.
18	To have knowledge about rehabilitation services
19	To become individuals who can do interdisciplinary team work, with a sense of social responsibility and entrepreneur.



20	To be able to recall the knowledge about Ataturk's Principles and the History of Turkish Revolution.
21	To be able to gain the knowledge and ability to become contemporary individuals who can use Turkish language grammar well and know a foreign language knowledge necessary to follow the developments in the profession.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P2	2	2	2	2	2

