



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Mental Health in Dialysis Patient							
Course Code		DY202		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	4	Workload	98 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		With this course the student is expected to have knowledge and skill acquisition to recognize the basic concepts related to mental health and mental problems encountered particularly in dialysis patients with solutions.							
Course Content		Basic Concepts of Mental Health,Psychosomatic Diseases, Spiritual Issues in dialysis patients,General Principles for the regularization of social life of hemodialysis patients.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Case Study					
Name of Lecturer(s)									

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

### Recommended or Required Reading

1	Giblin Les, Self-Confidence and Power in Human Relations, Sistem Yayıncılık November 1995
2	Dökmen Üstün, Communication Conflicts and Empathy, Sistem Publishing, 5th Edition, May 1997.
3	Çam MO, Engin E. Consultation Liaison Psychiatric Nursing in Chronic Diseases and Applications. Exceeded N, editor. Teamwork with a holistic approach to the management of chronic diseases. Ankara, 2018.

Week	Weekly Detailed Course Contents	
1	Theoretical	Basic Concepts of Mental Health
2	Theoretical	Health, Illness, Mental Health, Body Image, Hope-Compliance, Know Thyself
3	Theoretical	Behavior, Attitudes, Personality Development and Personality Disorders
4	Theoretical	Culture and Psychiatry
5	Theoretical	Chronic Disease and Family
6	Theoretical	Thoughts on Loss and Death in Hemodialysis Patients
7	Theoretical	Crisis and Crisis Intervention
8	Intermediate Exam	MID-TERM
9	Theoretical	Psychological Problems in dialysis patients
10	Theoretical	Pisikosomatik Diseases
11	Theoretical	Anxiety Disorders, Depression, Suicidal Ventures, Sexual Problems
12	Theoretical	General principles for the regularization of social life of hemodialysis patients
13	Theoretical	General Principles for the regularization of social life of hemodialysis patients
14	Theoretical	Home care, coping, social support, work experience, organizations that are connected
15	Theoretical	Organ Donation And Psycho-Social Approaches, Individual, Family, Social

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	2	2	56
Assignment	4	2	1	12
Seminar	3	5	1	18
Midterm Examination	1	5	1	6
Final Examination	1	5	1	6
Total Workload (Hours)				98
[Total Workload (Hours) / 25*] = ECTS				4

\*25 hour workload is accepted as 1 ECTS



**Learning Outcomes**

1	To be able to distinguish Basic Concepts Related to Mental Health
2	To be able to gain Knowledge and Skills On Psychological Problems and Solutions In dialysis patients
3	Learning the psychology of patients with chronic disease
4	To learn adaptation of social life and dialysis patients
5	To know the principles of the regulation of social life of hemodialysis patients

**Programme Outcomes (Dialysis)**

1	To be able to comprehend the duties and responsibility of dialysis technicians. To be able to work in a team with members of other health professions.
2	To be able to acquire a general knowledge of human anatomy, physiology and biochemistry
3	To be able to gain knowledge of blood-borne infectious diseases, especially infectious diseases such as hepatitis and universal prevention methods
4	To be able to have knowledge of blood-borne infectious diseases, especially infectious diseases such as hepatitis and universal prevention methods
5	To be able to recognize hemodialysis machine, and have knowledge and skills will be used it during operation of dialysis
6	To be able to have the knowledge of application on peritoneal dialysis and skills be able to train patient on this.
7	To be able to acquire dialysate characteristics, have necessary skills on preparation and application
8	To be able to gain the knowledge and skills on the basic principles of water treatment, application methods, and control of purified water as a level of practitioner
9	To be able to comprehend the principles of patient care, complications during dialysis operation what patients may be encounter and perform necessary knowledge and skills to take necessary measures to protect patient from these complications.
10	To be able to gain knowledge and equipment related to educating on problems that the long-term dialysis patients may have.
11	To be able to understand periodic examinations during the follow up dialysis patients and recognize pathologies in the early period, and have the knowledge and skills to take necessary precautions in time
12	To be able to have the knowledge of the dialysis patients, physiological, social and psychological problems, and perform necessary support skills on these issues for the patient
13	In general to be able to comprehend the knowledge of, drugs, dosage, side effects, and toxic effects, routes of administration of drugs and drug use in patients with chronic renal failure
14	To be able to acquire a high level knowledge of fluid and electrolyte problems with general issues nephrology, acid-base balance disorder, nephrology and urology kidney disease, chronic and acute renal failure.
15	To be able to comprehend the methods of diagnosis and treatment of diseases of the system, and have knowledge of fighting and protecting from especially problems that can be seen in dialysis patients as level of practitioner and getting patient compliance.
16	To be able to have knowledge of statistics and research methods as a level of following the developments, monitoring and interpreting scientific publications.
17	To be able to gain the knowledge of foreign language as a level of communicating and following developments.
18	To be able to be willing to self-improvement as an individual committed to the principles and reforms of Atatürk and keeping on the some of the rules of social life, customs and traditions, depending on the interests of the country on their own interests as a member of society,

**Contribution of Learning Outcomes to Programme Outcomes** 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	1	1	1	1	1
P10	5	5	5	5	5
P12	5	5	5	5	5
P13	2	2	2	2	2
P15	2	2	2	2	2

