



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Health Protection and Improvement							
Course Code		FZ001		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	3	Workload	76 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		The aim of this course develop awareness of wellness and health protection and responsibility in the development of the necessary knowledge, skills and qualifications to teach.							
Course Content		Health and disease concepts, protection needs to be done to improve the health and preventive health services.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Case Study, Individual Study					
Name of Lecturer(s)		Ins. Fatma Nur ALTIN							

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

### Recommended or Required Reading

1	Prof. Dr. Çağatay Güler, Prof. Dr. Levent Akın: Public Health Basics" Hacettepe University Press in 2006.
2	Prof. Dr. Güliden Pekcan "Assessment of Nutritional Status" Printing Klasmat 2008.
3	Sevgin SAMANCIOGLU , Ayfer KARADAKOVAN "Protection and Development of the elderly health," Firat Health Services Journal, Volume 5, Issue 13 (2010).

Week	Weekly Detailed Course Contents	
1	Theoretical	Health and Disease
2	Theoretical	Health Protection and Promotion
3	Theoretical	Personal Hygiene Practices
4	Theoretical	Personal Hygiene Practices
5	Theoretical	Adequate and Balanced Nutrition
6	Theoretical	Housing Hygiene
7	Theoretical	Housing Hygiene
8	Intermediate Exam	MIDTERM EXAM
9	Theoretical	Environmental Sanitation
10	Theoretical	Environmental Sanitation
11	Theoretical	Removal of waste
12	Theoretical	Stress and Coping
13	Theoretical	Common Diseases In The Community
14	Theoretical	Age and Risk Factors
15	Theoretical	Preventive Health Services

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	1	2	42
Assignment	3	6	1	21
Midterm Examination	1	5	1	6
Final Examination	1	5	2	7
Total Workload (Hours)				76
[Total Workload (Hours) / 25*] = ECTS				3

\*25 hour workload is accepted as 1 ECTS



**Learning Outcomes**

1	Health protection and to differentiate the necessary conditions for development
2	Protecting and improving health practices and techniques to discern.
3	Protecting and improving the health of individual behaviors to exhibit.
4	To learn individual hygiene practices
5	learn environmental sanitation and how to remove waste

**Programme Outcomes (Anesthesia )**

1	To be able to recall basic knowledge about human anatomy
2	To be able to recall the knowledge about Ataturk's principles and the history of Turkish Revolution
3	To be able to recall the knowledge about ethical and moral values
4	To be able to recall the knowledge of Turkish grammar and be able to use it
5	To be able to communicate effectively with patient, their family, and own team
6	To be able to control, use, and maintain the anesthesia machines
7	To be able to recall the information about anesthesia application in the system diseases
8	To be able to recall the issues that needed to be considered in follow-up of patients in intensive care.
9	To be able to make the patients' care in intensive care
10	To be able to apply the cardiopulmonary resuscitation.
11	To be able to apply the drug, liquid and blood to the patient.
12	To be able to apply nasogastric tube to the patient and to aspirate.
13	To be able to assist the implementation of general anesthesia to patient.
14	To be able to recall the drugs used in general and regional anesthesia and learn to use them safely.
15	PO15. Can help during the maintenance, ending and post anaesthesia process.
16	Can help the practices of anesthesia and sedation outside the operation room.
17	Can communicate at the basic level of a foreign language and use this language in his job.
18	Be able to communicate at a basic level in a foreign language and be able to use this language in professional fields
19	To have the appropriate knowledge of basic sciences at the level of interest, to use specific medical terms and terminology of field

**Contribution of Learning Outcomes to Programme Outcomes** 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P3	3	3	3	3	3

