



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

| | | | | | | | | | |
|--------------------------------------------------|---|----------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|------------------------------------------------------------------------------------------------------|---|----------------------------------|---|------------|---|
| Course Title | | Physical Education and Sports Activities | | | | | | | |
| Course Code | | FZ071 | | Couse Level | | Short Cycle (Associate's Degree) | | | |
| ECTS Credit | 2 | Workload | 50 (<i>Hours</i>) | Theory | 0 | Practice | 2 | Laboratory | 0 |
| Objectives of the Course | | To provide information about all branches of the students and to promote sport as a practical | | | | | | | |
| Course Content | | Basketball, volleyball, handball, tennis, badminton, football, table tennis, athletics and show practical applications to sports steer their work. | | | | | | | |
| Work Placement | | N/A | | | | | | | |
| Planned Learning Activities and Teaching Methods | | | | Explanation (Presentation), Demonstration, Discussion, Case Study, Individual Study, Problem Solving | | | | | |
| Name of Lecturer(s) | | | | | | | | | |

Assessment Methods and Criteria

| Method | Quantity | Percentage (%) |
|---------------------|----------|----------------|
| Midterm Examination | 1 | 40 |
| Final Examination | 1 | 70 |

Recommended or Required Reading

| | |
|---|----------------------------------------------------------------------------------------------------|
| 1 | YAŞAR SEVİM (Basketball techniques, tactics-tactics-Coach Handball technical education principles) |
|---|----------------------------------------------------------------------------------------------------|

| Week | Weekly Detailed Course Contents | |
|------|---------------------------------|-------------------------------------------------|
| 1 | Practice | Handball industry promotion and application |
| 2 | Practice | Basketball industry promotion and application |
| 3 | Practice | volleyball industry promotion and application |
| 4 | Practice | football industry promotion and application |
| 5 | Practice | Badminton industry promotion and application |
| 6 | Practice | Tennis branches and presentation applications |
| 7 | Practice | Table tennis industry promotion and application |
| 8 | Practice | MIDTERM EXAM |
| 9 | Practice | Promotion and implementation athletics |
| 10 | Practice | Swimming industry promotion and application |
| 11 | Practice | Korfball industry promotion and application |
| 12 | Practice | Gymnastics presentation and application |
| 13 | Practice | Indoor Soccer branch promotion and application |
| 14 | Practice | bocce industry promotion and application |
| 15 | Practice | bocce industry promotion and application |

Workload Calculation

| Activity | Quantity | Preparation | Duration | Total Workload |
|---------------------------------------|----------|-------------|----------|----------------|
| Lecture - Theory | 14 | 0 | 2 | 28 |
| Individual Work | 5 | 1 | 1 | 10 |
| Midterm Examination | 1 | 5 | 1 | 6 |
| Final Examination | 1 | 5 | 1 | 6 |
| Total Workload (Hours) | | | | 50 |
| [Total Workload (Hours) / 25*] = ECTS | | | | 2 |

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

| | |
|---|----------------------------------------------------------------------------------|
| 1 | Learns the application areas of life-long sports. |
| 2 | Define the fields of life-long sports and other related disciplines. |
| 3 | To learn how to manage the body protection against diseases with lifelong sports |



| | |
|---|----------------------------------------------------------------------------------------------------------|
| 4 | Lifelong Sport describes the drawbacks of a still life. |
| 5 | Comprehend the importance of physical fitness for maintaining and developing a healthy and quality life. |

Programme Outcomes (Anesthesia)

| | |
|----|--------------------------------------------------------------------------------------------------------------------------------------|
| 1 | To be able to recall basic knowledge about human anatomy |
| 2 | To be able to recall the knowledge about Atatürk's principles and the history of Turkish Revolution |
| 3 | To be able to recall the knowledge about ethical and moral values |
| 4 | To be able to recall the knowledge of Turkish grammar and be able to use it |
| 5 | To be able to communicate effectively with patient, their family, and own team |
| 6 | To be able to control, use, and maintain the anesthesia machines |
| 7 | To be able to recall the information about anesthesia application in the system diseases |
| 8 | To be able to recall the issues that needed to be considered in follow-up of patients in intensive care. |
| 9 | To be able to make the patients' care in intensive care |
| 10 | To be able to apply the cardiopulmonary resuscitation. |
| 11 | To be able to apply the drug, liquid and blood to the patient. |
| 12 | To be able to apply nasogastric tube to the patient and to aspirate. |
| 13 | To be able to assist the implementation of general anesthesia to patient. |
| 14 | To be able to recall the drugs used in general and regional anesthesia and learn to use them safely. |
| 15 | PO15. Can help during the maintenance, ending and post anaesthesia process. |
| 16 | Can help the practices of anesthesia and sedation outside the operation room. |
| 17 | Can communicate at the basic level of a foreign language and use this language in his job. |
| 18 | Be able to communicate at a basic level in a foreign language and be able to use this language in professional fields |
| 19 | To have the appropriate knowledge of basic sciences at the level of interest, to use specific medical terms and terminology of field |

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

| | L1 | L2 | L3 | L4 | L5 |
|----|----|----|----|----|----|
| P3 | 3 | 3 | 3 | 3 | 3 |

