



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Rhythm and Dance							
Course Code		FZ072		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	2	Workload	50 (Hours)	Theory	0	Practice	2	Laboratory	0
Objectives of the Course		Students ; AEROBIC STEP DANCE AND SKILLS gain							
Course Content		To provide students with the ability to spend time with a beautiful dance concept .							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Discussion, Case Study, Individual Study, Problem Solving					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Okullarda beden eğitimi ve spor,Pegem akademi yayınları
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Week	Weekly Detailed Course Contents	
1	Theoretical	Exercise movements
2	Theoretical	Aerobic exercise
3	Theoretical	floor exercise
4	Theoretical	music, sports
5	Theoretical	step aerobics music
6	Theoretical	Plates
7	Theoretical	step
8	Intermediate Exam	MIDTERM EXAM
9	Theoretical	slimming exercises
10	Theoretical	sports
11	Theoretical	dance practice
12	Theoretical	muscle-strengthening activities
13	Theoretical	Step-aerobik-plates
14	Theoretical	Step-aerobik-plates
15	Theoretical	Step-aerobik-plates

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	2	28
Individual Work	5	1	0.5	7.5
Midterm Examination	1	6	1	7
Final Examination	1	7	1	8
Total Workload (Hours)				50
[Total Workload (Hours) / 25*] = ECTS				2

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	Exercise movements
2	Aerobic exercise



3	Sport with music
4	Slimming exercises
5	Dance practices

Programme Outcomes (Anesthesia)

1	To be able to recall basic knowledge about human anatomy
2	To be able to recall the knowledge about Atatürk's principles and the history of Turkish Revolution
3	To be able to recall the knowledge about ethical and moral values
4	To be able to recall the knowledge of Turkish grammar and be able to use it
5	To be able to communicate effectively with patient, their family, and own team
6	To be able to control, use, and maintain the anesthesia machines
7	To be able to recall the information about anesthesia application in the system diseases
8	To be able to recall the issues that needed to be considered in follow-up of patients in intensive care.
9	To be able to make the patients' care in intensive care
10	To be able to apply the cardiopulmonary resuscitation.
11	To be able to apply the drug, liquid and blood to the patient.
12	To be able to apply nasogastric tube to the patient and to aspirate.
13	To be able to assist the implementation of general anesthesia to patient.
14	To be able to recall the drugs used in general and regional anesthesia and learn to use them safely.
15	PO15. Can help during the maintenance, ending and post anaesthesia process.
16	Can help the practices of anesthesia and sedation outside the operation room.
17	Can communicate at the basic level of a foreign language and use this language in his job.
18	Be able to communicate at a basic level in a foreign language and be able to use this language in professional fields
19	To have the appropriate knowledge of basic sciences at the level of interest, to use specific medical terms and terminology of field

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P3	3	3	3	3	3

