



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Basic Activities in Physical Education and Sports							
Course Code		TAB221		Couse Level		Short Cycle (Associate's Degree)			
ECTS Credit	2	Workload	51 (<i>Hours</i>)	Theory	1	Practice	1	Laboratory	0
Objectives of the Course		To inform the students about all sports branches and to introduce the sports branches practically .							
Course Content		To show basketball, volleyball, handball, tennis, badminton, football, table tennis, athletics branches practically and to direct all students to practice with practice.							
Work Placement		N/A No							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Individual Study					
Name of Lecturer(s)		Ins. Ayfer ERGEZEN							

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Yaşar Sevim (Basketball technique, tactic - Handball technical tactic - Coach training principles) etc
---	---

Week	Weekly Detailed Course Contents	
1	Practice	Introduction and application of volleyball branch
2	Practice	Introduction and application of basketball branch
3	Practice	Introduction and application of Bocce branch
4	Practice	Introduction and application of football branch
5	Practice	Presentation and application of table tennis branch
6	Practice	Introduction and application of tennis branch
7	Practice	Badminton branch introduction and application
8	Practice	Badminton branch introduction and application
9	Theoretical	Presentation and application of futsal branch
10	Theoretical	Introduction and application of gymnastics
11	Theoretical	Introduction and application of athletics branch
12	Theoretical	Introduction and application of bicycle branch
13	Theoretical	Introduction and application of handball branch
14	Theoretical	Introduction and application of swimming branch
15	Final Exam	Final Exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	1	0	14	14
Lecture - Practice	1	0	14	14
Individual Work	1	10	1	11
Midterm Examination	1	5	1	6
Final Examination	1	5	1	6
Total Workload (Hours)				51
[Total Workload (Hours) / 25*] = ECTS				2

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	Sufficient information about all sports branches reaches
2	It concentrates on sports branch which is talented



3	Will have technical and tactical knowledge
4	Know the benefits of sports for health
5	All sports branches reach the level of practice

Programme Outcomes (*Organic Agriculture*)

1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L4
P1	2	2	3

