



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title	Struggling With Addiction								
Course Code	ADG102	Course Level			Short Cycle (Associate's Degree)				
ECTS Credit	2	Workload	48 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course	Teaching basic information about psychological and physiological addictions and explaining the methods of struggling with addiction								
Course Content	Teaching basic information about the neural basis, determinants and behavioral harmful effects of addiction. Discussing the causes of psychological addictions such as internet addiction and gambling, explaining the methods of combating addictions								
Work Placement	N/A								
Planned Learning Activities and Teaching Methods	Explanation (Presentation), Discussion, Individual Study								
Name of Lecturer(s)	Lec. Mehtap KIZILKAYA, Ins. Gökçe Sibel TURAN, Ins. Gülşah Şükran KALE YOLCU, Ins. Mehmet ATİK								

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Final Examination	1	100

### Recommended or Required Reading

1	DiClemente, C. C. (2016). Bağımlılık ve Değişim (Çev.. Ed. Muzaffer Şahin). Ankara. Nobel Yayıncılık (Orijinal eserin yayın tarihi 2003).
2	Uzbay, İ. T. (2015). Madde bağımlılığı: Tüm boyutlarıyla bağımlılık ve bağımlılık yapan maddeler. İstanbul Tıp Kitabevi.

Week	Weekly Detailed Course Contents	
1	Theoretical	Basic concepts of addiction
2	Theoretical	Basic concepts of addiction
3	Theoretical	Concept of abstinence
4	Theoretical	Concept of tolerance
5	Theoretical	Depressants-I: Coping with alcohol and opiates
6	Theoretical	Stimulants: Coping with Cocaine and Amphetamines
7	Theoretical	The harms of nicotine and caffeine use
8	Intermediate Exam	Mid term week
9	Theoretical	Social and legal aspects of substance abuse
10	Theoretical	Research on addiction
11	Theoretical	Behavioral Addictions
12	Theoretical	Introduction of addiction centers and studies
13	Theoretical	Individual differences in addiction
14	Theoretical	An Overview
15	Final Exam	Final Exam
16	Theoretical	Final Exam

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	1	2	42
Final Examination	1	4	2	6
Total Workload (Hours)				48
[Total Workload (Hours) / 25*] = ECTS				2

\*25 hour workload is accepted as 1 ECTS

### Learning Outcomes

1	It creates conscious awareness about the fight against addiction.
2	Knows the causes of psychological addictions
3	Categorizes abused substances



4	Gives examples of use patterns and behavioral effects of abused substances
5	Compares and criticizes information about the subject from non-scientific sources with scientific information.

### Programme Outcomes (Logistics)

1	Understanding of the basics needed for the mobility of production and consumption ware
2	Give storage and inventory management decisions
3	To decide about types of transportation and handling equipment to be used to decide
4	Logistics information systems take advantage of the process of realization of activities
5	Be the judge national and international legislation regulating the field of logistics
6	Administration, management and marketing topic about give an idea
7	To be sensitive to the requirements of professional ethics
8	Provide an idea about the the national and international transport policies
9	To have written and spoken communication skills
10	Living in society and to understand the world

### Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	1	1	1	1	1

