



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Hand and Foot Care - II							
Course Code		SGH208		Couse Level		Short Cycle (Associate's Degree)			
ECTS Credit	4	Workload	100 (<i>Hours</i>)	Theory	2	Practice	1	Laboratory	0
Objectives of the Course		In this lesson; aimed to gain advanced knowledge and application skills hand and foot care topics that in the field of hair care and beauty services is a elements							
Course Content		Hand and foot care with aromatherapic, SPA, natural, cosmetic products							
Work Placement		Students must have to complete their internship within the required time and properties. The required rules are describes at the Adnan Menderes University, Sultanhisar Vocational School, Student Internship Instructions.							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Case Study, Individual Study					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Instructor's lecture notes
2	Mesleki Sağlık Bilgisi Dr. Nesrin KOCABIYIK Top Yayıncılık 2007
3	Dermatoloji Atlası Gary WHITE Nobel Tıp Kitabevleri 2006
4	Kozmetik Makyaj ve Manikür Milli Eğitim Basımevi 2000

Week	Weekly Detailed Course Contents	
1	Theoretical	Hand and foot care with aromatherapic and SPA products
	Preparation Work	Course materials
2	Theoretical	Herbal oils
	Preparation Work	Course materials
3	Theoretical	Essential oils
	Preparation Work	Course materials
4	Theoretical	Cold-pressed herbal oils
	Preparation Work	Course materials
5	Theoretical	The effects of natural products
	Preparation Work	Course materials
6	Preparation Work	Course materials
7	Theoretical	Hand and foot exercises
	Preparation Work	Course materials
8	Intermediate Exam	Midterm
9	Theoretical	Hand and foot care with cosmetic products
	Preparation Work	Course materials
10	Theoretical	Paraffin
	Preparation Work	Course materials
11	Theoretical	The effects of paraffin care
	Preparation Work	Course materials
12	Theoretical	Tablets of hand and foot care
	Preparation Work	Course materials
13	Theoretical	Applications
	Preparation Work	Course materials
14	Theoretical	Applications
	Preparation Work	Course materials



15	Theoretical	Applications
	Preparation Work	Course materials
16	Final Exam	Final exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	2	28
Lecture - Practice	14	0	2	28
Studio Work	5	0	5	25
Midterm Examination	1	8	1	9
Final Examination	1	9	1	10
Total Workload (Hours)				100
[Total Workload (Hours) / 25*] = ECTS				4

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	To have information about hand-foot care with aromatherapy products
2	To have information about hand-foot care with SPA products
3	To have information about hand-foot care with natural product
4	To have information about exercises of fingers and toes
5	To have information about hand-foot care with cosmetic products
6	To have skills about hand-foot care practices

Programme Outcomes (Hair Care and Beauty Services)

1	Ability to evaluate, to apply, to access to scientific knowledge by using theoretical and practical knowledge in basic level knowledge gained in the field of hair care and beauty services
2	Having knowledge of using effectively all kinds of tool and equipment using in the field of hair care and beauty services
3	Ability to study in a basic level project, to take responsibility for individual or team, to solve problems facing relation with the field of hair care and beauty services
4	Ability to develop oneself as the personal and professional, updating them with the awareness of lifelong learning, knowledge skills and competencies regarding in the field of hair care and beauty services.
5	Ability to communicate at least one foreign language at a basic level
6	Ability to use effectively information and communications technologies
7	Ability to communicate and to be social effectively
8	Ability to evaluate and to interpret data relation with them, to solve and to identify potential problems regarding in the field of hair care and beauty services
9	Having knowledge of legal regulations and professional standards and regarding in the field of hair care and beauty services
10	Ability to behave suitable and to attend for quality management and processes
11	Ability to be an example to the community by external appearance, personal care, manner, attitude and behavior
12	Ability to develop and to evaluate and to satisfy towards demand and needs of consumer of service processes regarding in the field of hair care and beauty services
13	Ability to consider human health, social and natural environment towards ethical principles of professional, while carrying out things regarding in the field of hair care and beauty services
14	Ability to evaluate health, safety and risk as regular regarding in the field of hair care and beauty services
15	Ability to transfer the acquired knowledge and skills, if necessary, using to appropriate learning environments

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5	L6
P1	5	5	5	5	5	5
P2	5	5	5	5	5	5
P4	5	5	5	5	5	5
P12	5	5	5	5	5	5
P14	5	5	5	5	5	5
P15	5	5	5	5	5	5

